



12. Kristall-Marathon

Merkers / 18.02.2018

0000

HEDDERICH, Timo

00: LG Fastflitzer Osterwald

00: 664

00: 42.25 km

Marathon

0000:

Senioren M35 (35-39 Jahre)

000: 4:03:14

00: 10.36 km/h

0000: 5:46 min/km

00000/000: 71 (of 168)

00000/0: 66 (of 144)

000000: 2:45:49

00000: 14(of 15)

0000000: 2:45:49

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:09	5:16	15	6:15	74	6:15	3.25	17:09	5:16	15	6:15	74	6:15
00 2	3.25	16:50	5:10	14	5:03	60	5:03	6.50	33:59	5:13	15	11:18	72	11:18
00 3	3.25	16:59	5:13	14	4:34	64	4:34	9.75	50:58	5:13	14	15:52	67	15:52
00 4	3.25	17:08	5:16	13	4:31	62	4:31	13.00	1:08:06	5:14	14	20:23	64	20:23
00 5	3.25	17:27	5:22	13	5:07	63	5:07	16.25	1:25:33	5:15	14	25:30	61	25:30
00 6	3.25	18:05	5:33	14	5:41	74	5:41	19.50	1:43:38	5:18	14	31:11	64	31:11
00 7	3.25	17:28	5:22	13	4:40	51	4:40	22.75	2:01:06	5:19	14	35:51	59	35:51
00 8	3.25	18:10	5:35	13	5:21	58	5:21	26.00	2:19:16	5:21	13	41:12	61	41:12
00 9	3.25	18:53	5:48	13	5:40	61	5:45	29.25	2:38:09	5:24	13	46:52	58	46:52
00 10	3.25	19:41	6:03	13	6:51	66	6:51	32.50	2:57:50	5:28	13	53:43	60	53:43
00 11	3.25	20:49	6:24	13	7:19	69	7:19	35.75	3:18:39	5:33	13	1:01:02	62	1:01:02
00 12	3.25	22:31	6:55	14	8:34	90	8:34	39.00	3:41:10	5:40	13	1:09:36	62	1:09:36
000 00	3.25	22:04	6:47	13	7:49	85	8:12	42.25	4:03:14	5:45	14	1:17:25	66	1:17:25