



12. Kristall-Marathon

Merkers / 18.02.2018

0000

GERHARDT, Tom

00: USC Freiburg

00: 646

00: 42.25 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 4:03:26

00: 10.35 km/h

0000: 5:46 min/km

00000/000: 72 (of 168)

00000/0: 67 (of 144)

000000: 2:45:49

00000: 11(of 26)

0000000: 2:51:32

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	20:07	6:11	24	8:01	134	9:13	3.25	20:07	6:11	24	8:01	134	9:13
00 2	3.25	18:53	5:48	17	6:18	108	7:06	6.50	39:00	6:00	21	14:19	118	16:19
00 3	3.25	18:17	5:37	15	5:30	93	5:52	9.75	57:17	5:52	18	19:49	112	22:11
00 4	3.25	18:04	5:33	13	5:11	85	5:27	13.00	1:15:21	5:47	17	25:00	105	27:38
00 5	3.25	18:12	5:35	13	5:21	78	5:52	16.25	1:33:33	5:45	16	30:21	101	33:30
00 6	3.25	18:09	5:35	12	5:28	77	5:45	19.50	1:51:42	5:43	16	35:49	97	39:15
00 7	3.25	18:08	5:34	10	5:19	67	5:20	22.75	2:09:50	5:42	16	41:08	91	44:35
00 8	3.25	18:05	5:33	7	4:52	54	5:16	26.00	2:27:55	5:41	15	46:00	87	49:51
00 9	3.25	18:40	5:44	9	5:32	56	5:32	29.25	2:46:35	5:41	13	51:32	81	55:18
00 10	3.25	19:28	5:59	11	5:58	64	6:38	32.50	3:06:03	5:43	11	57:30	76	1:01:56
00 11	3.25	19:26	5:58	8	5:23	54	5:56	35.75	3:25:29	5:44	11	1:02:53	74	1:07:52
00 12	3.25	19:22	5:57	8	5:06	47	5:25	39.00	3:44:51	5:45	11	1:07:52	69	1:13:17
000 00	3.25	18:35	5:43	7	4:23	41	4:43	42.25	4:03:26	5:45	11	1:11:54	67	1:17:37