



12. Kristall-Marathon

Merkers / 18.02.2018

0000

HASCHEN, Jürgen

00: -

00: 661

00: 42.25 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 4:08:15

00: 10.15 km/h

0000: 5:53 min/km

00000/0000: 79 (of 168)

00000/0: 74 (of 144)

000000: 2:45:49

00000: 10(of 20)

0000000: 3:22:45

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:44	5:08	7	1:39	68	5:50	3.25	16:44	5:08	7	1:39	68	5:50
00 2	3.25	17:10	5:16	6	2:14	74	5:23	6.50	33:54	5:12	7	3:53	70	11:13
00 3	3.25	18:04	5:33	10	3:04	88	5:39	9.75	51:58	5:19	9	6:57	81	16:52
00 4	3.25	17:15	5:18	7	2:12	66	4:38	13.00	1:09:13	5:19	8	9:09	79	21:30
00 5	3.25	17:12	5:17	3	2:07	54	4:52	16.25	1:26:25	5:19	7	11:16	72	26:22
00 6	3.25	17:46	5:28	5	2:19	63	5:22	19.50	1:44:11	5:20	7	13:35	68	31:44
00 7	3.25	17:58	5:31	6	2:35	64	5:10	22.75	2:02:09	5:22	7	16:10	69	36:54
00 8	3.25	18:58	5:50	6	3:05	70	6:09	26.00	2:21:07	5:25	8	19:15	69	43:03
00 9	3.25	19:23	5:57	5	3:47	65	6:15	29.25	2:40:30	5:29	8	23:02	67	49:13
00 10	3.25	19:47	6:05	7	3:23	67	6:57	32.50	3:00:17	5:32	7	26:25	64	56:10
00 11	3.25	21:27	6:35	12	5:12	79	7:57	35.75	3:21:44	5:38	7	31:37	64	1:04:07
00 12	3.25	23:35	7:15	14	7:17	100	9:38	39.00	3:45:19	5:46	9	38:54	71	1:13:45
000 00	3.25	22:56	7:03	14	7:01	97	9:04	42.25	4:08:15	5:52	10	45:30	74	1:22:26