



12. Kristall-Marathon

Merkers / 18.02.2018

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MAHE, Zach

□□: Team ACTREME

□□: 720

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 4:10:19

□□: 10.13 km/h

□□□□: 5:55 min/km

□□□□□/□□□□: 82 (of 168)

□□□□□/□: 76 (of 144)

□□□□□□: 2:45:49

□□□□□: 17(of 29)

□□□□□□□: 2:56:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	15:37	4:48	8	2:40	35	4:43	3.25	15:37	4:48	8	2:40	35	4:43	
□□ 2	3.25	15:46	4:51	8	2:46	33	3:59	6.50	31:23	4:49	8	5:26	36	8:42	
□□ 3	3.25	16:20	5:01	10	3:14	43	3:55	9.75	47:43	4:53	8	8:40	36	12:37	
□□ 4	3.25	16:57	5:12	12	3:19	53	4:20	13.00	1:04:40	4:58	8	11:59	39	16:57	
□□ 5	3.25	17:11	5:17	12	3:32	53	4:51	16.25	1:21:51	5:02	9	15:31	41	21:48	
□□ 6	3.25	17:38	5:25	16	3:57	59	5:14	19.50	1:39:29	5:06	9	19:28	42	27:02	
□□ 7	3.25	18:04	5:33	16	4:38	66	5:16	22.75	1:57:33	5:10	10	24:06	44	32:18	
□□ 8	3.25	18:43	5:45	16	5:09	67	5:54	26.00	2:16:16	5:14	12	29:15	49	38:12	
□□ 9	3.25	19:54	6:07	17	6:27	73	6:46	29.25	2:36:10	5:20	12	35:42	51	44:53	
□□ 10	3.25	21:27	6:35	17	7:49	88	8:37	32.50	2:57:37	5:27	15	43:31	58	53:30	
□□ 11	3.25	24:43	7:36	22	10:32	110	11:13	35.75	3:22:20	5:39	16	54:03	67	1:04:43	
□□ 12	3.25	24:54	7:39	22	10:40	111	10:57	39.00	3:47:14	5:49	16	1:04:43	73	1:15:40	
□□□ □□	3.25	23:05	7:06	19	9:13	100	9:13	42.25	4:10:19	5:55	17	1:13:56	76	1:24:30	