



12. Kristall-Marathon

Merkers / 18.02.2018

0000

BIRK, Greg

00: -

00: 613

00: 42.25 km

Marathon

0000:

Senioren M60 (60-64 Jahre)

000: 4:20:05

00: 9.69 km/h

0000: 6:10 min/km

00000/000: 96 (of 168)

00000/0: 87 (of 144)

000000: 2:45:49

00000: 3(of 13)

0000000: 3:40:45

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:29	5:22	4	3:37	84	6:35	3.25	17:29	5:22	4	3:37	84	6:35
00 2	3.25	17:36	5:24	4	3:09	90	5:49	6.50	35:05	5:23	4	6:46	87	12:24
00 3	3.25	18:18	5:37	3	3:23	94	5:53	9.75	53:23	5:28	4	10:09	89	18:17
00 4	3.25	18:19	5:38	3	3:13	94	5:42	13.00	1:11:42	5:30	3	13:22	88	23:59
00 5	3.25	18:57	5:49	3	3:36	99	6:37	16.25	1:30:39	5:34	3	16:58	89	30:36
00 6	3.25	19:41	6:03	4	3:26	99	7:17	19.50	1:50:20	5:39	3	20:24	92	37:53
00 7	3.25	20:45	6:23	7	4:31	110	7:57	22.75	2:11:05	5:45	3	24:55	96	45:50
00 8	3.25	20:12	6:12	4	2:47	89	7:23	26.00	2:31:17	5:49	3	27:42	97	53:13
00 9	3.25	22:20	6:52	9	4:13	108	9:12	29.25	2:53:37	5:56	4	31:55	97	1:02:20
00 10	3.25	21:44	6:41	4	2:40	89	8:54	32.50	3:15:21	6:00	3	34:35	96	1:11:14
00 11	3.25	22:02	6:46	3	2:55	87	8:32	35.75	3:37:23	6:04	3	37:30	92	1:19:46
00 12	3.25	21:28	6:36	2	1:10	73	7:31	39.00	3:58:51	6:07	3	38:40	91	1:27:17
000 00	3.25	21:14	6:31	3	0:47	78	7:22	42.25	4:20:05	6:09	3	39:20	87	1:34:16