



12. Kristall-Marathon

Merkers / 18.02.2018

0000

HAU, Bernd

00: -

00: 662

00: 42.25 km

Marathon

0000:

Senioren M50 (50-54 Jahre)

000: 4:22:15

00: 9.61 km/h

0000: 6:13 min/km

00000/000: 98 (of 168)

00000/0: 89 (of 144)

000000: 2:45:49

00000: 15(of 25)

0000000: 3:13:28

0000

0000

000

| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|------|-----|------|-------|---------|--------|----|---------|----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 17:54 | 5:30 | 16 | 3:59 | 94 | 7:00 | 3.25 | 17:54 | 5:30 | 16 | 3:59 | 94 | 7:00 |
| 00 2 | 3.25 | 17:56 | 5:31 | 19 | 4:16 | 94 | 6:09 | 6.50 | 35:50 | 5:30 | 18 | 8:15 | 97 | 13:09 |
| 00 3 | 3.25 | 18:16 | 5:37 | 18 | 4:31 | 92 | 5:51 | 9.75 | 54:06 | 5:32 | 19 | 12:46 | 94 | 19:00 |
| 00 4 | 3.25 | 18:53 | 5:48 | 18 | 4:50 | 101 | 6:16 | 13.00 | 1:12:59 | 5:36 | 18 | 17:36 | 95 | 25:16 |
| 00 5 | 3.25 | 18:31 | 5:41 | 18 | 4:04 | 92 | 6:11 | 16.25 | 1:31:30 | 5:37 | 18 | 21:40 | 93 | 31:27 |
| 00 6 | 3.25 | 19:09 | 5:53 | 18 | 4:50 | 95 | 6:45 | 19.50 | 1:50:39 | 5:40 | 18 | 26:30 | 94 | 38:12 |
| 00 7 | 3.25 | 19:41 | 6:03 | 17 | 5:20 | 93 | 6:53 | 22.75 | 2:10:20 | 5:43 | 17 | 31:50 | 95 | 45:05 |
| 00 8 | 3.25 | 20:47 | 6:23 | 16 | 6:17 | 95 | 7:58 | 26.00 | 2:31:07 | 5:48 | 17 | 38:07 | 96 | 53:03 |
| 00 9 | 3.25 | 21:28 | 6:36 | 18 | 6:33 | 96 | 8:20 | 29.25 | 2:52:35 | 5:54 | 17 | 44:40 | 95 | 1:01:18 |
| 00 10 | 3.25 | 22:26 | 6:54 | 16 | 7:01 | 100 | 9:36 | 32.50 | 3:15:01 | 6:00 | 17 | 51:24 | 93 | 1:10:54 |
| 00 11 | 3.25 | 22:20 | 6:52 | 15 | 6:46 | 91 | 8:50 | 35.75 | 3:37:21 | 6:04 | 15 | 57:32 | 91 | 1:19:44 |
| 00 12 | 3.25 | 23:26 | 7:12 | 18 | 7:59 | 97 | 9:29 | 39.00 | 4:00:47 | 6:10 | 15 | 1:04:11 | 92 | 1:29:13 |
| 000 00 | 3.25 | 21:28 | 6:36 | 16 | 6:42 | 82 | 7:36 | 42.25 | 4:22:15 | 6:12 | 15 | 1:08:47 | 89 | 1:36:26 |