



# 12. Kristall-Marathon

Merkers / 18.02.2018

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ZIN, Manuel

□□: SV Neptun Waldbrunn

□□: 832

□□: 42.25 km

Marathon

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 4:24:33

□□: 9.58 km/h

□□□□: 6:16 min/km

□□□□□/□□□: 102 (of 168)

□□□□□/□: 92 (of 144)

□□□□□□: 2:45:49

□□□□□: 17(of 26)

□□□□□□□: 2:51:32

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:44	5:08	11	4:38	68	5:50	3.25	16:44	5:08	11	4:38	68	5:50	
□□ 2	3.25	17:01	5:14	12	4:26	70	5:14	6.50	33:45	5:11	11	9:04	65	11:04	
□□ 3	3.25	16:56	5:12	9	4:09	62	4:31	9.75	50:41	5:11	11	13:13	66	15:35	
□□ 4	3.25	17:16	5:18	10	4:23	67	4:39	13.00	1:07:57	5:13	10	17:36	63	20:14	
□□ 5	3.25	17:41	5:26	10	4:50	71	5:21	16.25	1:25:38	5:16	9	22:26	65	25:35	
□□ 6	3.25	18:08	5:34	11	5:27	76	5:44	19.50	1:43:46	5:19	8	27:53	66	31:19	
□□ 7	3.25	18:44	5:45	15	5:55	81	5:56	22.75	2:02:30	5:23	9	33:48	71	37:15	
□□ 8	3.25	20:50	6:24	18	7:37	97	8:01	26.00	2:23:20	5:30	10	41:25	75	45:16	
□□ 9	3.25	21:21	6:34	16	8:13	94	8:13	29.25	2:44:41	5:37	10	49:38	77	53:24	
□□ 10	3.25	22:43	6:59	19	9:13	104	9:53	32.50	3:07:24	5:45	13	58:51	80	1:03:17	
□□ 11	3.25	24:41	7:35	18	10:38	109	11:11	35.75	3:32:05	5:55	15	1:09:29	86	1:14:28	
□□ 12	3.25	26:09	8:02	22	11:53	121	12:12	39.00	3:58:14	6:06	16	1:21:15	89	1:26:40	
□□□ □□	3.25	26:19	8:05	22	12:07	124	12:27	42.25	4:24:33	6:15	17	1:33:01	92	1:38:44	