



12. Kristall-Marathon

Merkers / 18.02.2018

0000

HENCKE, Hauke

00: -

00: 666

00: 42.25 km

Marathon

0000:

Männer (20-29 Jahre)

000: 4:24:19

00: 9.53 km/h

0000: 6:16 min/km

00000/000: 101 (of 168)

00000/0: 91 (of 144)

000000: 2:45:49

00000: 3(of 5)

0000000: 3:28:16

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	20:51	6:24	5	6:44	141	9:57	3.25	20:51	6:24	5	6:44	141	9:57
00 2	3.25	20:19	6:15	5	6:22	127	8:32	6.50	41:10	6:19	5	13:06	137	18:29
00 3	3.25	20:30	6:18	5	6:13	129	8:05	9.75	1:01:40	6:19	5	19:19	132	26:34
00 4	3.25	20:26	6:17	5	6:05	125	7:49	13.00	1:22:06	6:18	5	25:24	131	34:23
00 5	3.25	20:32	6:19	4	5:42	116	8:12	16.25	1:42:38	6:18	5	30:26	127	42:35
00 6	3.25	20:11	6:12	4	4:49	107	7:47	19.50	2:02:49	6:17	5	34:13	126	50:22
00 7	3.25	20:37	6:20	3	4:38	108	7:49	22.75	2:23:26	6:18	5	38:21	121	58:11
00 8	3.25	20:50	6:24	3	4:19	97	8:01	26.00	2:44:16	6:19	5	42:40	119	1:06:12
00 9	3.25	20:26	6:17	3	4:10	79	7:18	29.25	3:04:42	6:18	3	46:50	113	1:13:25
00 10	3.25	19:08	5:53	2	1:05	57	6:18	32.50	3:23:50	6:16	3	47:55	108	1:19:43
00 11	3.25	19:52	6:06	2	1:45	61	6:22	35.75	3:43:42	6:15	3	49:40	100	1:26:05
00 12	3.25	21:03	6:28	2	3:03	66	7:06	39.00	4:04:45	6:16	3	52:43	96	1:33:11
000 00	3.25	19:34	6:01	3	3:20	57	5:42	42.25	4:24:19	6:15	3	56:03	91	1:38:30