



12. Kristall-Marathon

Merkers / 18.02.2018

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KRÜGER, Doris

□□: -

□□: 710

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W55 (55-59 Jahre)

□□□: 4:40:21

□□: 9.04 km/h

□□□□: 6:38 min/km

□□□□□/□□□: 125 (of 168)

□□□□□/□: 12 (of 24)

□□□□□□: 3:38:45

□□□□□: 2(of 3)

□□□□□□□: 4:10:10

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	17:34	5:24	1	-	9	2:42	3.25	17:34	5:24	1	-	9	2:42	
□□ 2	3.25	18:13	5:36	2	0:01	12	2:50	6.50	35:47	5:30	1	-	10	5:32	
□□ 3	3.25	19:05	5:52	2	0:01	12	3:31	9.75	54:52	5:37	2	0:01	11	9:03	
□□ 4	3.25	19:24	5:58	2	1:08	12	3:24	13.00	1:14:16	5:42	2	1:09	12	12:27	
□□ 5	3.25	21:20	6:33	2	1:52	18	5:24	16.25	1:35:36	5:52	2	3:01	12	17:20	
□□ 6	3.25	22:04	6:47	2	1:53	20	5:26	19.50	1:57:40	6:02	2	4:54	12	22:30	
□□ 7	3.25	23:23	7:11	2	4:35	21	6:49	22.75	2:21:03	6:12	2	9:29	13	29:19	
□□ 8	3.25	22:13	6:50	2	3:43	14	5:33	26.00	2:43:16	6:16	2	13:12	12	34:52	
□□ 9	3.25	23:24	7:11	2	3:36	17	6:43	29.25	3:06:40	6:22	2	16:48	13	41:03	
□□ 10	3.25	24:44	7:36	3	5:33	20	8:07	32.50	3:31:24	6:30	2	22:21	13	47:44	
□□ 11	3.25	22:24	6:53	1	-	10	4:57	35.75	3:53:48	6:32	2	22:20	12	50:52	
□□ 12	3.25	23:57	7:22	2	3:54	15	5:42	39.00	4:17:45	6:36	2	26:14	12	56:02	
□□□ □□	3.25	22:36	6:57	2	3:57	15	5:34	42.25	4:40:21	6:38	2	30:11	12	1:01:36	