



12. Kristall-Marathon

Merkers / 18.02.2018

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REICH, Steffi

□□: Blau Weiß Hettstedt

□□: 760

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 4:46:55

□□: 8.78 km/h

□□□□: 6:47 min/km

□□□□□/□□□□: 133 (of 168)

□□□□□/□: 16 (of 24)

□□□□□□: 3:38:45

□□□□□: 3(of 5)

□□□□□□□: 4:11:42

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:23	6:16	5	4:21	23	5:31	3.25	20:23	6:16	5	4:21	23	5:31	
□□ 2	3.25	21:02	6:28	3	4:16	20	5:39	6.50	41:25	6:22	5	8:37	23	11:10	
□□ 3	3.25	21:35	6:38	5	4:41	23	6:01	9.75	1:03:00	6:27	5	13:18	22	17:11	
□□ 4	3.25	21:56	6:44	5	5:00	23	5:56	13.00	1:24:56	6:31	5	18:18	23	23:07	
□□ 5	3.25	22:00	6:46	5	4:58	23	6:04	16.25	1:46:56	6:34	5	23:16	23	28:40	
□□ 6	3.25	21:51	6:43	4	4:44	19	5:13	19.50	2:08:47	6:36	5	28:00	23	33:37	
□□ 7	3.25	22:21	6:52	5	4:48	19	5:47	22.75	2:31:08	6:38	5	32:48	22	39:24	
□□ 8	3.25	23:35	7:15	5	4:21	20	6:55	26.00	2:54:43	6:43	5	37:09	22	46:19	
□□ 9	3.25	22:13	6:50	2	0:18	13	5:32	29.25	3:16:56	6:43	5	28:40	21	51:19	
□□ 10	3.25	22:43	6:59	3	1:46	11	6:06	32.50	3:39:39	6:45	5	30:26	21	55:59	
□□ 11	3.25	22:37	6:57	3	1:41	13	5:10	35.75	4:02:16	6:46	4	32:07	19	59:20	
□□ 12	3.25	22:48	7:00	3	1:45	13	4:33	39.00	4:25:04	6:47	4	33:52	18	1:03:21	
□□□ □□	3.25	21:51	6:43	3	1:21	11	4:49	42.25	4:46:55	6:47	3	35:13	16	1:08:10	