



12. Kristall-Marathon

Merkers / 18.02.2018

0000

BEIDL, Marc

00: SSC Hanau-Rodenbach

00: 608

00: 42.25 km

Marathon

0000:

Senioren M45 (45-49 Jahre)

000: 4:47:16

00: 8.77 km/h

0000: 6:48 min/km

00000/0000: 134 (of 168)

00000/0: 118 (of 144)

000000: 2:45:49

00000: 24(of 29)

0000000: 2:56:23

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	20:02	6:09	25	7:05	128	9:08	3.25	20:02	6:09	25	7:05	128	9:08
00 2	3.25	20:42	6:22	26	7:42	132	8:55	6.50	40:44	6:15	26	14:47	130	18:03
00 3	3.25	20:19	6:15	26	7:13	124	7:54	9.75	1:01:03	6:15	27	22:00	130	25:57
00 4	3.25	21:00	6:27	27	7:22	129	8:23	13.00	1:22:03	6:18	27	29:22	130	34:20
00 5	3.25	20:31	6:18	24	6:52	115	8:11	16.25	1:42:34	6:18	26	36:14	126	42:31
00 6	3.25	21:01	6:28	26	7:20	121	8:37	19.50	2:03:35	6:20	26	43:34	127	51:08
00 7	3.25	22:03	6:47	25	8:37	121	9:15	22.75	2:25:38	6:24	25	52:11	125	1:00:23
00 8	3.25	22:33	6:56	25	8:59	119	9:44	26.00	2:48:11	6:28	25	1:01:10	124	1:10:07
00 9	3.25	22:33	6:56	22	9:06	109	9:25	29.25	3:10:44	6:31	25	1:10:16	121	1:19:27
00 10	3.25	24:19	7:28	24	10:41	118	11:29	32.50	3:35:03	6:37	24	1:20:57	120	1:30:56
00 11	3.25	22:55	7:03	20	8:44	98	9:25	35.75	3:57:58	6:39	24	1:29:41	116	1:40:21
00 12	3.25	24:44	7:36	21	10:30	106	10:47	39.00	4:22:42	6:44	24	1:40:11	119	1:51:08
000 00	3.25	24:34	7:33	22	10:42	111	10:42	42.25	4:47:16	6:47	24	1:50:53	118	2:01:27