



12. Kristall-Marathon

Merkers / 18.02.2018

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SACCON, GIAMPIETRO

□□: ASD BREMA RUNNING TEAM

□□: 772

□□: 42.25 km

Marathon

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 4:55:33

□□: 8.53 km/h

□□□□: 7:00 min/km

□□□□□/□□□□: 147 (of 168)

□□□□□/□: 126 (of 144)

□□□□□□: 2:45:49

□□□□□: 17(of 20)

□□□□□□□: 3:22:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	19:53	6:07	17	4:48	122	8:59	3.25	19:53	6:07	17	4:48	122	8:59	
□□ 2	3.25	20:59	6:27	19	6:03	136	9:12	6.50	40:52	6:17	18	10:51	132	18:11	
□□ 3	3.25	21:18	6:33	19	6:18	138	8:53	9.75	1:02:10	6:22	18	17:09	133	27:04	
□□ 4	3.25	21:50	6:43	20	6:47	142	9:13	13.00	1:24:00	6:27	18	23:56	136	36:17	
□□ 5	3.25	20:27	6:17	16	5:22	113	8:07	16.25	1:44:27	6:25	17	29:18	130	44:24	
□□ 6	3.25	21:25	6:35	16	5:58	125	9:01	19.50	2:05:52	6:27	17	35:16	129	53:25	
□□ 7	3.25	21:57	6:45	15	6:34	120	9:09	22.75	2:27:49	6:29	17	41:50	128	1:02:34	
□□ 8	3.25	24:33	7:33	19	8:40	136	11:44	26.00	2:52:22	6:37	17	50:30	130	1:14:18	
□□ 9	3.25	24:17	7:28	16	8:41	118	11:09	29.25	3:16:39	6:43	17	59:11	130	1:25:22	
□□ 10	3.25	24:48	7:37	18	8:24	124	11:58	32.50	3:41:27	6:48	17	1:07:35	127	1:37:20	
□□ 11	3.25	24:55	7:40	17	8:40	113	11:25	35.75	4:06:22	6:53	17	1:16:15	127	1:48:45	
□□ 12	3.25	25:29	7:50	17	9:11	115	11:32	39.00	4:31:51	6:58	17	1:25:26	126	2:00:17	
□□□ □□	3.25	23:42	7:17	15	7:47	107	9:50	42.25	4:55:33	6:59	17	1:32:48	126	2:09:44	