



# 12. Kristall-Marathon

Merkers / 18.02.2018

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**BRUNS, Michael**

□□: LT Weisenheim am Berg

□□: 621

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 4:55:29

□□: 8.53 km/h

□□□□: 6:59 min/km

□□□□□/□□□: 145 (of 168)

□□□□□/□: 125 (of 144)

□□□□□□: 2:45:49

□□□□□: 22(of 25)

□□□□□□□: 3:13:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:02	6:09	25	6:07	128	9:08	3.25	20:02	6:09	25	6:07	128	9:08	
□□ 2	3.25	20:55	6:26	24	7:15	135	9:08	6.50	40:57	6:18	25	13:22	133	18:16	
□□ 3	3.25	21:14	6:31	24	7:29	136	8:49	9.75	1:02:11	6:22	24	20:51	134	27:05	
□□ 4	3.25	21:13	6:31	23	7:10	132	8:36	13.00	1:23:24	6:24	24	28:01	134	35:41	
□□ 5	3.25	21:22	6:34	21	6:55	125	9:02	16.25	1:44:46	6:26	24	34:56	131	44:43	
□□ 6	3.25	21:39	6:39	22	7:20	128	9:15	19.50	2:06:25	6:28	24	42:16	131	53:58	
□□ 7	3.25	22:19	6:51	22	7:58	124	9:31	22.75	2:28:44	6:32	22	50:14	129	1:03:29	
□□ 8	3.25	22:28	6:54	22	7:58	117	9:39	26.00	2:51:12	6:35	22	58:12	128	1:13:08	
□□ 9	3.25	23:10	7:07	20	8:15	112	10:02	29.25	3:14:22	6:38	23	1:06:27	128	1:23:05	
□□ 10	3.25	24:11	7:26	21	8:46	115	11:21	32.50	3:38:33	6:43	23	1:14:56	125	1:34:26	
□□ 11	3.25	24:54	7:39	20	9:20	112	11:24	35.75	4:03:27	6:48	22	1:23:38	122	1:45:50	
□□ 12	3.25	26:37	8:11	21	11:10	126	12:40	39.00	4:30:04	6:55	22	1:33:28	125	1:58:30	
□□□ □□	3.25	25:25	7:49	21	10:39	115	11:33	42.25	4:55:29	6:59	22	1:42:01	125	2:09:40	