



# 12. Kristall-Marathon

Merkers / 18.02.2018

ESCHER, Christoph

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| ESCHER, Christoph | km   | min   | min/km | -  | -     | ESCHER, Christoph | ESCHER, Christoph | km    | min     | min/km | -  | -       | ESCHER, Christoph | ESCHER, Christoph |
|-------------------|------|-------|--------|----|-------|-------------------|-------------------|-------|---------|--------|----|---------|-------------------|-------------------|
| ESCHER, Christoph | 3.25 | 19:04 | 5:51   | 20 | 5:09  | 112               | 8:10              | 3.25  | 19:04   | 5:51   | 20 | 5:09    | 112               | 8:10              |
| ESCHER, Christoph | 3.25 | 20:43 | 6:22   | 22 | 7:03  | 133               | 8:56              | 6.50  | 39:47   | 6:07   | 21 | 12:12   | 124               | 17:06             |
| ESCHER, Christoph | 3.25 | 20:53 | 6:25   | 23 | 7:08  | 131               | 8:28              | 9.75  | 1:00:40 | 6:13   | 22 | 19:20   | 128               | 25:34             |
| ESCHER, Christoph | 3.25 | 21:16 | 6:32   | 24 | 7:13  | 133               | 8:39              | 13.00 | 1:21:56 | 6:18   | 23 | 26:33   | 129               | 34:13             |
| ESCHER, Christoph | 3.25 | 22:10 | 6:49   | 25 | 7:43  | 135               | 9:50              | 16.25 | 1:44:06 | 6:24   | 23 | 34:16   | 129               | 44:03             |
| ESCHER, Christoph | 3.25 | 22:07 | 6:48   | 23 | 7:48  | 134               | 9:43              | 19.50 | 2:06:13 | 6:28   | 23 | 42:04   | 130               | 53:46             |
| ESCHER, Christoph | 3.25 | 23:15 | 7:09   | 23 | 8:54  | 130               | 10:27             | 22.75 | 2:29:28 | 6:34   | 23 | 50:58   | 130               | 1:04:13           |
| ESCHER, Christoph | 3.25 | 24:06 | 7:24   | 23 | 9:36  | 132               | 11:17             | 26.00 | 2:53:34 | 6:40   | 24 | 1:00:34 | 131               | 1:15:30           |
| ESCHER, Christoph | 3.25 | 24:53 | 7:39   | 22 | 9:58  | 124               | 11:45             | 29.25 | 3:18:27 | 6:47   | 24 | 1:10:32 | 131               | 1:27:10           |
| ESCHER, Christoph | 3.25 | 24:00 | 7:23   | 20 | 8:35  | 113               | 11:10             | 32.50 | 3:42:27 | 6:50   | 24 | 1:18:50 | 130               | 1:38:20           |
| ESCHER, Christoph | 3.25 | 24:17 | 7:28   | 19 | 8:43  | 107               | 10:47             | 35.75 | 4:06:44 | 6:54   | 24 | 1:26:55 | 128               | 1:49:07           |
| ESCHER, Christoph | 3.25 | 27:46 | 8:32   | 23 | 12:19 | 133               | 13:49             | 39.00 | 4:34:30 | 7:02   | 24 | 1:37:54 | 128               | 2:02:56           |
| ESCHER, Christoph | 3.25 | 23:21 | 7:11   | 19 | 8:35  | 102               | 9:29              | 42.25 | 4:57:51 | 7:02   | 23 | 1:44:23 | 127               | 2:12:02           |