



12. Kristall-Marathon

Merkers / 18.02.2018

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PANZER, Michael

□□: DJK Teutonia Gaustadt

□□: 746

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 4:58:11

□□: 8.45 km/h

□□□□: 7:04 min/km

□□□□□/□□□: 149 (of 168)

□□□□□/□: 128 (of 144)

□□□□□□: 2:45:49

□□□□□: 24(of 25)

□□□□□□□: 3:13:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:39	5:07	10	2:44	64	5:45	3.25	16:39	5:07	10	2:44	64	5:45	
□□ 2	3.25	17:45	5:27	17	4:05	91	5:58	6.50	34:24	5:17	13	6:49	80	11:43	
□□ 3	3.25	18:58	5:50	19	5:13	104	6:33	9.75	53:22	5:28	17	12:02	88	18:16	
□□ 4	3.25	20:04	6:10	21	6:01	118	7:27	13.00	1:13:26	5:38	19	18:03	96	25:43	
□□ 5	3.25	21:24	6:35	22	6:57	126	9:04	16.25	1:34:50	5:50	19	25:00	106	34:47	
□□ 6	3.25	22:50	7:01	25	8:31	139	10:26	19.50	1:57:40	6:02	20	33:31	112	45:13	
□□ 7	3.25	23:44	7:18	24	9:23	134	10:56	22.75	2:21:24	6:12	20	42:54	116	56:09	
□□ 8	3.25	24:17	7:28	24	9:47	135	11:28	26.00	2:45:41	6:22	21	52:41	122	1:07:37	
□□ 9	3.25	25:17	7:46	24	10:22	130	12:09	29.25	3:10:58	6:31	21	1:03:03	122	1:19:41	
□□ 10	3.25	26:41	8:12	24	11:16	134	13:51	32.50	3:37:39	6:41	22	1:14:02	122	1:33:32	
□□ 11	3.25	27:15	8:23	24	11:41	132	13:45	35.75	4:04:54	6:51	23	1:25:05	126	1:47:17	
□□ 12	3.25	28:06	8:38	24	12:39	136	14:09	39.00	4:33:00	7:00	23	1:36:24	127	2:01:26	
□□□ □□	3.25	25:11	7:44	20	10:25	114	11:19	42.25	4:58:11	7:03	24	1:44:43	128	2:12:22	