



# 12. Kristall-Marathon

Merkers / 18.02.2018

□□□□

WALTER, Klaus

□□: -

□□: 818

□□: 42.25 km

Marathon

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 5:03:08

□□: 8.31 km/h

□□□□: 7:10 min/km

□□□□□/□□□: 153 (of 168)

□□□□□/□: 132 (of 144)

□□□□□□: 2:45:49

□□□□□: 19(of 20)

□□□□□□□: 3:22:45

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	19:40	6:03	16	4:35	120	8:46	3.25	19:40	6:03	16	4:35	120	8:46	
□□ 2	3.25	20:41	6:21	17	5:45	130	8:54	6.50	40:21	6:12	17	10:20	127	17:40	
□□ 3	3.25	20:57	6:26	18	5:57	133	8:32	9.75	1:01:18	6:17	17	16:17	131	26:12	
□□ 4	3.25	21:39	6:39	19	6:36	140	9:02	13.00	1:22:57	6:22	17	22:53	132	35:14	
□□ 5	3.25	22:21	6:52	20	7:16	137	10:01	16.25	1:45:18	6:28	18	30:09	132	45:15	
□□ 6	3.25	22:43	6:59	20	7:16	138	10:19	19.50	2:08:01	6:33	18	37:25	134	55:34	
□□ 7	3.25	23:21	7:11	19	7:58	132	10:33	22.75	2:31:22	6:39	19	45:23	133	1:06:07	
□□ 8	3.25	23:37	7:15	16	7:44	127	10:48	26.00	2:54:59	6:43	19	53:07	133	1:16:55	
□□ 9	3.25	24:18	7:28	17	8:42	119	11:10	29.25	3:19:17	6:48	18	1:01:49	132	1:28:00	
□□ 10	3.25	25:21	7:48	19	8:57	125	12:31	32.50	3:44:38	6:54	18	1:10:46	131	1:40:31	
□□ 11	3.25	25:09	7:44	18	8:54	115	11:39	35.75	4:09:47	6:59	18	1:19:40	130	1:52:10	
□□ 12	3.25	26:14	8:04	18	9:56	123	12:17	39.00	4:36:01	7:04	18	1:29:36	130	2:04:27	
□□□ □□	3.25	27:07	8:20	20	11:12	128	13:15	42.25	5:03:08	7:10	19	1:40:23	132	2:17:19	