



# LMP Noskrien ziemu 3.posms

PRIEKUĻI / 18.02.2018

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## Upmace-Grīviņa, Ieva

□□: Surikati

□□: 220

□□: 17.40 km

SALOMON

□□□□:

S2-Sporta distance

□□□: 1:54:30

□□: 8.91 km/h

□□□□□/□□□: 83 (of 166)

□□□□□/□: 9 (of 36)

□□□□□□: 1:32:36

□□□□□: 4(of 16)

□□□□□□□: 1:35:58

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
31	-	11:13	-	5	2:35	13	2:58	-	11:13	-	5	2:35	13	2:58
32	-	11:20	-	5	2:05	11	2:20	-	22:33	-	5	4:33	12	5:18
33	-	21:00	-	6	3:57	12	4:05	-	43:33	-	5	8:30	12	9:23
34	-	13:47	-	5	2:27	11	2:59	-	57:20	-	5	10:57	11	12:06
31	-	11:50	-	4	2:04	9	2:20	-	1:09:10	-	5	13:01	11	14:26
32	-	11:38	-	4	1:41	9	2:09	-	1:20:48	-	4	14:42	9	16:35
33	-	20:26	-	4	2:27	8	3:05	-	1:41:14	-	4	17:09	9	19:40
Finish	-	13:16	-	4	1:23	9	2:14	17.40	1:54:30	-	4	18:32	9	21:54