



# LMP Noskrien ziemu 2.posms

ĀRAIŠI / 21.01.2018

0000

## Kalniņš, Ritvars

00: Skrienam kopā

00: 308

00: 9.40 km

SUUNTO

0000:

V3-Tautas distance

000: 45:27

00: 12.41 km/h

00000/000: 36 (of 307)

00000/0: 34 (of 176)

000000: 37:41

00000: 1(of 42)

0000000: 45:27

0000

0000

000

| 000    | 00<br>km | 00<br>00 | 00<br>km/h | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 | 000<br>km | 000<br>00 | 000<br>km/h | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 |
|--------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| 31     | -        | 5:15     | -          | 7       | 0:38    | 60      | 1:30    | -         | 5:15      | -           | 7       | 0:38    | 60      | 1:30    |
| 32     | -        | 1:48     | -          | 8       | 0:10    | 61      | 0:33    | -         | 7:03      | -           | 8       | 0:40    | 60      | 2:03    |
| 33     | -        | 6:35     | -          | 1       | -       | 23      | 0:59    | -         | 13:38     | -           | 6       | 0:30    | 47      | 2:48    |
| 34     | -        | 25:52    | -          | 1       | -       | 20      | 3:34    | -         | 39:30     | -           | 1       | -       | 34      | 6:20    |
| Finish | -        | 5:57     | -          | 2       | 0:29    | 40      | 1:26    | 9.40      | 45:27     | -           | 1       | -       | 34      | 7:46    |