



LMP Noskrien ziemu 2.posms

ĀRAIŠI / 21.01.2018

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Mamedovs, Ruslans

□□: Binitex

□□: 381

□□: 18.80 km

SALOMON

□□□□:

V1-Sporta distance

□□□: 1:54:35

□□: 9.84 km/h

□□□□□/□□□: 106 (of 160)

□□□□□/□: 89 (of 119)

□□□□□□: 1:11:09

□□□□□: 22(of 30)

□□□□□□□: 1:11:09

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
31	-	7:03	-	24	3:24	106	3:24	-	7:03	-	24	3:24	106	3:24
32	-	2:23	-	26	1:09	103	1:10	-	9:26	-	26	4:33	106	4:33
33	-	8:14	-	23	3:03	94	3:03	-	17:40	-	23	7:32	102	7:32
34	-	32:54	-	23	12:13	96	12:13	-	50:34	-	23	19:44	97	19:44
35	-	8:00	-	21	3:23	84	3:23	-	58:34	-	21	23:07	95	23:07
31	-	5:54	-	23	2:26	96	2:26	-	1:04:28	-	21	25:33	93	25:33
32	-	2:21	-	18	1:09	76	1:09	-	1:06:49	-	21	26:42	92	26:42
33	-	8:21	-	23	3:03	93	3:03	-	1:15:10	-	21	29:45	91	29:45
34	-	32:21	-	21	11:34	82	11:34	-	1:47:31	-	22	41:15	91	41:15
Finish	-	7:04	-	20	2:15	74	2:15	18.80	1:54:35	-	22	43:26	89	43:26