



LMP Noskrien ziemu 2.posms
ĀRAIŠI / 21.01.2018

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Griķis, Jānis

□□: Daugavpils Runners

□□: 417

□□: 18.80 km

SALOMON

□□□□:

V2-Sporta distance

□□□: 1:51:20

□□: 9.70 km/h

□□□□□/□□□: 89 (of 160)

□□□□□/□: 77 (of 119)

□□□□□□: 1:11:09

□□□□□: 42(of 56)

□□□□□□□: 1:13:42

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
31	-	6:42	-	49	2:55	93	3:03	-	6:42	-	49	2:55	93	3:03
32	-	1:53	-	30	0:40	50	0:40	-	8:35	-	46	3:33	85	3:42
33	-	8:07	-	48	2:43	90	2:56	-	16:42	-	45	6:12	84	6:34
34	-	30:46	-	36	9:26	65	10:05	-	47:28	-	38	15:33	74	16:38
35	-	7:41	-	42	2:49	78	3:04	-	55:09	-	41	18:22	78	19:42
31	-	5:26	-	37	1:49	70	1:58	-	1:00:35	-	39	20:11	75	21:40
32	-	2:21	-	41	1:04	76	1:09	-	1:02:56	-	41	21:15	77	22:49
33	-	10:52	-	56	5:22	117	5:34	-	1:13:48	-	47	26:37	88	28:23
34	-	30:43	-	33	9:11	62	9:56	-	1:44:31	-	43	35:48	80	38:15
Finish	-	6:49	-	32	1:50	56	2:00	18.80	1:51:20	-	42	37:38	77	40:11