



LMP Noskrien ziemu 2.posms

ĀRAIŠI / 21.01.2018

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Griķe, Alise

□□: Daugavpils Runners

□□: 79

□□: 9.40 km

SUUNTO

□□□□:

S2-Tautas distance

□□□: 1:05:56

□□: 8.55 km/h

□□□□□/□□□: 222 (of 307)

□□□□□/□: 73 (of 131)

□□□□□□: 43:08

□□□□□: 28(of 48)

□□□□□□□: 45:24

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
31	-	7:55	-	28	3:08	80	3:24	-	7:55	-	28	3:08	80	3:24
32	-	3:01	-	39	1:20	103	1:25	-	10:56	-	30	4:20	83	4:49
33	-	9:15	-	22	2:31	60	2:51	-	20:11	-	29	6:51	80	7:40
34	-	37:08	-	26	11:06	71	12:05	-	57:19	-	28	17:57	72	19:45
Finish	-	8:37	-	26	2:50	79	3:03	9.40	1:05:56	-	28	20:32	73	22:48