



LMP Noskrien ziemu 2.posms

ĀRAIŠI / 21.01.2018

□□□□

Salmane, Līga

□□: Sporta klubs Wendi / Noskrien Cēsis

□□: 87

□□: 9.40 km

SUUNTO

□□□□:

S2-Tautas distance

□□□: 1:04:18

□□: 8.77 km/h

□□□□□/□□□: 203 (of 307)

□□□□□/□: 62 (of 131)

□□□□□□: 43:08

□□□□□: 21(of 48)

□□□□□□□: 45:24

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
31	-	7:27	-	19	2:40	58	2:56	-	7:27	-	19	2:40	58	2:56
32	-	2:20	-	10	0:39	30	0:44	-	9:47	-	19	3:11	52	3:40
33	-	9:07	-	20	2:23	55	2:43	-	18:54	-	20	5:34	56	6:23
34	-	36:52	-	23	10:50	66	11:49	-	55:46	-	21	16:24	60	18:12
Finish	-	8:32	-	23	2:45	71	2:58	9.40	1:04:18	-	21	18:54	62	21:10