



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Hamburger Sportclub

□□□: 15:11:26

□□: 4020

□□: 10.66 km/h

□□□□: 5:38 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 10 (of 57)

□□□□□□: 11:58:38

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□□□□□: 10(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	50:18	5:50	9	9:27	9	9:27	8.60	50:18	5:50	9	9:27	9	9:27
VP2 - East Side G	4.80	25:19	5:16	8	4:34	8	4:34	13.40	1:15:37	5:38	9	14:01	9	14:01
VP3 - Dammweg	5.80	33:17	5:44	11	8:41	11	8:41	19.20	1:48:54	5:40	9	22:42	9	22:42
VP4 - Johannisth	5.70	31:00	5:26	14	8:26	14	8:26	24.90	2:19:54	5:37	9	31:08	9	31:08
VP5 - Imbiß "Am	9.50	57:02	6:00	20	16:57	20	16:57	34.40	3:16:56	5:43	11	48:05	11	48:05
VP6 - Buckow	4.50	25:54	5:45	6	5:48	6	5:48	38.90	3:42:50	5:43	11	53:53	11	53:53
□□□	7.60	47:52	6:17	23	15:00	23	15:00	46.50	4:30:42	5:49	13	1:08:53	13	1:08:53
VP8 - Osdorfer St	6.30	38:58	6:11	18	11:17	18	11:17	52.80	5:09:40	5:51	14	1:20:10	14	1:20:10
VP9 - Sportplatz	6.50	36:43	5:38	8	8:02	8	8:02	59.30	5:46:23	5:50	10	1:28:12	10	1:28:12
VP10 - Königswe	6.20	36:45	5:55	27	10:20	27	10:20	65.50	6:23:08	5:50	13	1:37:54	13	1:37:54
VP11 - Gedenkst	6.80	41:29	6:06	29	12:02	29	12:02	72.30	7:04:37	5:52	15	1:49:56	15	1:49:56
VP12 - Brauhaus	6.90	42:47	6:12	32	38:00	32	38:00	79.20	7:47:24	5:54	14	2:02:51	14	2:02:51
VP13 - Revierförs	5.70	36:58	6:29	28	11:58	28	11:58	84.90	8:24:22	5:56	16	2:12:43	16	2:12:43
VP14 - Schloss S	6.30	39:56	6:20	34	12:48	34	12:48	91.20	9:04:18	5:58	18	2:23:59	18	2:23:59
VP15 - Pagel & F	7.60	39:15	5:09	15	7:40	15	7:40	98.80	9:43:33	5:54	17	2:31:39	17	2:31:39
VP16 - Karolinenl	4.90	25:39	5:14	15	5:31	15	5:31	103.70	10:09:12	5:52	17	2:37:10	17	2:37:10
VP17 - Falkensee	6.50	32:50	5:03	9	5:12	9	5:12	110.20	10:42:02	5:49	16	2:42:22	16	2:42:22
VP18 - Schönwal	5.80	30:12	5:12	10	6:14	10	6:14	116.00	11:12:14	5:47	15	2:48:36	15	2:48:36
VP19 - Grenzturn	7.30	41:11	5:38	11	8:03	11	8:03	123.30	11:53:25	5:47	15	2:56:39	15	2:56:39
VP20 - Rudercluk	4.80	27:48	5:47	14	5:55	14	5:55	128.10	12:21:13	5:47	15	3:02:34	15	3:02:34
VP21 - Frohnau	4.10	19:46	4:49	4	2:10	4	2:10	132.20	12:40:59	5:45	14	3:04:44	14	3:04:44
VP22 - Naturschu	6.40	32:15	5:02	8	5:17	8	5:17	138.60	13:13:14	5:43	12	3:08:12	12	3:08:12
VP23 - Oranienbu	4.50	22:54	5:05	6	3:52	6	3:52	143.10	13:36:08	5:42	12	3:08:03	12	3:08:03
VP24 - Lauftreff l	5.30	28:48	5:26	9	6:08	9	6:08	148.40	14:04:56	5:41	11	3:10:48	11	3:10:48
VP25 - Wilhelmsr	5.70	28:51	5:03	5	4:46	5	4:46	154.10	14:33:47	5:40	11	3:11:53	11	3:11:53
VP26 - Wollankst	3.10	15:41	5:03	4	2:29	4	2:29	157.20	14:49:28	5:39	10	3:12:16	10	3:12:16
Friedrich-Ludwig	4.20	21:58	5:13	10	4:03	10	4:03	161.90	15:11:26	5:37	10	3:12:48	10	3:12:48