



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Cottbuser Parkläufer I

□□□: 15:35:33

□□: 4042

□□: 10.33 km/h

□□□□: 5:47 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 14 (of 57)

□□□□□□: 11:58:38

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□□□□□: 14(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	51:46	6:01	15	10:55	15	10:55	8.60	51:46	6:01	15	10:55	15	10:55
VP2 - East Side G	4.80	25:36	5:20	10	4:51	10	4:51	13.40	1:17:22	5:46	12	15:46	12	15:46
VP3 - Dammweg	5.80	34:10	5:53	16	9:34	16	9:34	19.20	1:51:32	5:48	14	25:20	14	25:20
VP4 - Johannisth	5.70	33:18	5:50	24	10:44	24	10:44	24.90	2:24:50	5:48	15	36:04	15	36:04
VP5 - Imbiß "Am	9.50	1:00:28	6:21	30	20:23	30	20:23	34.40	3:25:18	5:58	21	56:27	21	56:27
VP6 - Buckow	4.50	32:07	7:08	29	12:01	29	12:01	38.90	3:57:25	6:06	22	1:08:28	22	1:08:28
□□□	7.60	52:18	6:52	28	19:26	28	19:26	46.50	4:49:43	6:13	27	1:27:54	27	1:27:54
VP8 - Osdorfer St	6.30	47:25	7:31	35	19:44	35	19:44	52.80	5:37:08	6:23	28	1:47:38	28	1:47:38
VP9 - Sportplatz	6.50	43:41	6:43	28	15:00	28	15:00	59.30	6:20:49	6:25	28	2:02:38	28	2:02:38
VP10 - Königswe	6.20	30:42	4:57	13	4:17	13	4:17	65.50	6:51:31	6:16	28	2:06:17	28	2:06:17
VP11 - Gedenkst	6.80	35:15	5:11	14	5:48	14	5:48	72.30	7:26:46	6:10	26	2:12:05	26	2:12:05
VP12 - Brauhaus	6.90	34:43	5:01	13	29:56	13	29:56	79.20	8:01:29	6:04	21	2:16:56	21	2:16:56
VP13 - Revierförs	5.70	30:03	5:16	13	5:03	13	5:03	84.90	8:31:32	6:01	18	2:19:53	18	2:19:53
VP14 - Schloss S	6.30	32:00	5:04	14	4:52	14	4:52	91.20	9:03:32	5:57	16	2:23:13	16	2:23:13
VP15 - Pagel & F	7.60	38:11	5:01	13	6:36	13	6:36	98.80	9:41:43	5:53	16	2:29:49	16	2:29:49
VP16 - Karolinenl	4.90	25:05	5:07	12	4:57	12	4:57	103.70	10:06:48	5:51	16	2:34:46	16	2:34:46
VP17 - Falkensee	6.50	32:21	4:58	5	4:43	5	4:43	110.20	10:39:09	5:47	14	2:39:29	14	2:39:29
VP18 - Schönwal	5.80	27:20	4:42	2	3:22	2	3:22	116.00	11:06:29	5:44	14	2:42:51	14	2:42:51
VP19 - Grenzturn	7.30	34:46	4:45	2	1:38	2	1:38	123.30	11:41:15	5:41	10	2:44:29	10	2:44:29
VP20 - Rudercluk	4.80	22:01	4:35	2	0:08	2	0:08	128.10	12:03:16	5:38	9	2:44:37	9	2:44:37
VP21 - Frohnau	4.10	20:48	5:04	10	3:12	10	3:12	132.20	12:24:04	5:37	9	2:47:49	9	2:47:49
VP22 - Naturschu	6.40	38:32	6:01	22	11:34	22	11:34	138.60	13:02:36	5:38	11	2:57:34	11	2:57:34
VP23 - Oranienbu	4.50	29:55	6:38	28	10:53	28	10:53	143.10	13:32:31	5:40	11	3:04:26	11	3:04:26
VP24 - Laufftreff I	5.30	33:49	6:22	24	11:09	24	11:09	148.40	14:06:20	5:42	12	3:12:12	12	3:12:12
VP25 - Wilhelmsr	5.70	39:48	6:58	28	15:43	28	15:43	154.10	14:46:08	5:45	12	3:24:14	12	3:24:14
VP26 - Wollankst	3.10	24:03	7:45	31	10:51	31	10:51	157.20	15:10:11	5:47	14	3:32:59	14	3:32:59
Friedrich-Ludwig	4.20	25:22	6:02	22	7:27	22	7:27	161.90	15:35:33	5:46	14	3:36:55	14	3:36:55