



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Bärenfelsläufer

□□□: 15:37:25

□□: 4050

□□: 10.36 km/h

□□□□: 5:47 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 15 (of 57)

□□□□□□: 11:58:38

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□□□□□: 15(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	54:26	6:19	24	13:35	24	13:35	8.60	54:26	6:19	24	13:35	24	13:35
VP2 - East Side G	4.80	27:47	5:47	26	7:02	26	7:02	13.40	1:22:13	6:08	26	20:37	26	20:37
VP3 - Dammweg	5.80	36:03	6:12	23	11:27	23	11:27	19.20	1:58:16	6:09	24	32:04	24	32:04
VP4 - Johannisth	5.70	32:57	5:46	20	10:23	20	10:23	24.90	2:31:13	6:04	23	42:27	23	42:27
VP5 - Imbiß "Am	9.50	57:54	6:05	24	17:49	24	17:49	34.40	3:29:07	6:04	24	1:00:16	24	1:00:16
VP6 - Buckow	4.50	29:16	6:30	22	9:10	22	9:10	38.90	3:58:23	6:07	23	1:09:26	23	1:09:26
□□□	7.60	46:57	6:10	20	14:05	20	14:05	46.50	4:45:20	6:08	22	1:23:31	22	1:23:31
VP8 - Osdorfer St	6.30	39:31	6:16	20	11:50	20	11:50	52.80	5:24:51	6:09	21	1:35:21	21	1:35:21
VP9 - Sportplatz	6.50	38:22	5:54	14	9:41	14	9:41	59.30	6:03:13	6:07	20	1:45:02	20	1:45:02
VP10 - Königswe	6.20	32:39	5:15	17	6:14	17	6:14	65.50	6:35:52	6:02	19	1:50:38	19	1:50:38
VP11 - Gedenkst	6.80	37:04	5:27	17	7:37	17	7:37	72.30	7:12:56	5:59	18	1:58:15	18	1:58:15
VP12 - Brauhaus	6.90	36:29	5:17	17	31:42	17	31:42	79.20	7:49:25	5:55	15	2:04:52	15	2:04:52
VP13 - Revierförs	5.70	31:53	5:35	17	6:53	17	6:53	84.90	8:21:18	5:54	15	2:09:39	15	2:09:39
VP14 - Schloss S	6.30	35:34	5:38	18	8:26	18	8:26	91.20	8:56:52	5:53	15	2:16:33	15	2:16:33
VP15 - Pagel & Fi	7.60	37:47	4:58	11	6:12	11	6:12	98.80	9:34:39	5:48	14	2:22:45	14	2:22:45
VP16 - Karolinenl	4.90	31:49	6:29	39	11:41	39	11:41	103.70	10:06:28	5:50	15	2:34:26	15	2:34:26
VP17 - Falkensee	6.50	35:09	5:24	16	7:31	16	7:31	110.20	10:41:37	5:49	15	2:41:57	15	2:41:57
VP18 - Schönwal	5.80	31:06	5:21	15	7:08	15	7:08	116.00	11:12:43	5:47	16	2:49:05	16	2:49:05
VP19 - Grenzturn	7.30	41:38	5:42	14	8:30	14	8:30	123.30	11:54:21	5:47	16	2:57:35	16	2:57:35
VP20 - Rudercluk	4.80	26:51	5:35	11	4:58	11	4:58	128.10	12:21:12	5:47	14	3:02:33	14	3:02:33
VP21 - Frohnau	4.10	21:10	5:09	11	3:34	11	3:34	132.20	12:42:22	5:46	15	3:06:07	15	3:06:07
VP22 - Naturschu	6.40	34:47	5:26	13	7:49	13	7:49	138.60	13:17:09	5:45	13	3:12:07	13	3:12:07
VP23 - Oranienbu	4.50	25:47	5:43	14	6:45	14	6:45	143.10	13:42:56	5:45	13	3:14:51	13	3:14:51
VP24 - Lauftreff l	5.30	31:20	5:54	17	8:40	17	8:40	148.40	14:14:16	5:45	13	3:20:08	13	3:20:08
VP25 - Wilhelmsr	5.70	34:31	6:03	18	10:26	18	10:26	154.10	14:48:47	5:46	15	3:26:53	15	3:26:53
VP26 - Wollankst	3.10	22:32	7:16	24	9:20	24	9:20	157.20	15:11:19	5:47	15	3:34:07	15	3:34:07
Friedrich-Ludwig	4.20	26:06	6:12	25	8:11	25	8:11	161.90	15:37:25	5:47	15	3:38:47	15	3:38:47