



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

□□□□

Mission Possible

□□□: 16:22:50

□□: 4024

□□: 9.83 km/h

□□□□: 6:04 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 19 (of 57)

□□□□□□: 11:58:38

□□□□:

□□□□□: 19(of 57)

4er-Staffel / 4-person relay

□□□□□□□: 11:58:38

□□□□

□□□□

□□□

□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	55:41	6:28	28	14:50	28	14:50	8.60	55:41	6:28	28	14:50	28	14:50
VP2 - East Side G	4.80	28:06	5:51	32	7:21	32	7:21	13.40	1:23:47	6:15	32	22:11	32	22:11
VP3 - Dammweg	5.80	36:39	6:19	31	12:03	31	12:03	19.20	2:00:26	6:16	32	34:14	32	34:14
VP4 - Johannisth	5.70	33:41	5:54	27	11:07	27	11:07	24.90	2:34:07	6:11	28	45:21	28	45:21
VP5 - Imbiß "Am	9.50	56:53	5:59	19	16:48	19	16:48	34.40	3:31:00	6:08	25	1:02:09	25	1:02:09
VP6 - Buckow	4.50	28:29	6:19	15	8:23	15	8:23	38.90	3:59:29	6:09	25	1:10:32	25	1:10:32
□□□	7.60	44:17	5:49	11	11:25	11	11:25	46.50	4:43:46	6:06	21	1:21:57	21	1:21:57
VP8 - Osdorfer St	6.30	38:04	6:02	13	10:23	13	10:23	52.80	5:21:50	6:05	19	1:32:20	19	1:32:20
VP9 - Sportplatz	6.50	38:00	5:50	10	9:19	10	9:19	59.30	5:59:50	6:04	18	1:41:39	18	1:41:39
VP10 - Königswe	6.20	26:57	4:20	2	0:32	2	0:32	65.50	6:26:47	5:54	15	1:41:33	15	1:41:33
VP11 - Gedenkst	6.80	29:35	4:21	3	0:08	3	0:08	72.30	6:56:22	5:45	9	1:41:41	9	1:41:41
VP12 - Brauhaus	6.90	30:55	4:28	5	26:08	5	26:08	79.20	7:27:17	5:38	8	1:42:44	8	1:42:44
VP13 - Revierförs	5.70	25:00	4:23	1	-	1	-	84.90	7:52:17	5:33	6	1:40:38	6	1:40:38
VP14 - Schloss S	6.30	27:08	4:18	1	-	1	-	91.20	8:19:25	5:28	6	1:39:06	6	1:39:06
VP15 - Pagel & Fi	7.60	43:56	5:46	31	12:21	31	12:21	98.80	9:03:21	5:29	7	1:51:27	7	1:51:27
VP16 - Karolinenl	4.90	30:30	6:13	33	10:22	33	10:22	103.70	9:33:51	5:32	8	2:01:49	8	2:01:49
VP17 - Falkensee	6.50	40:41	6:15	32	13:03	32	13:03	110.20	10:14:32	5:34	8	2:14:52	8	2:14:52
VP18 - Schönwal	5.80	35:35	6:08	29	11:37	29	11:37	116.00	10:50:07	5:36	8	2:26:29	8	2:26:29
VP19 - Grenzturn	7.30	50:14	6:52	27	17:06	27	17:06	123.30	11:40:21	5:40	9	2:43:35	9	2:43:35
VP20 - Rudercluk	4.80	31:09	6:29	25	9:16	25	9:16	128.10	12:11:30	5:42	10	2:52:51	10	2:52:51
VP21 - Frohnau	4.10	27:17	6:39	38	9:41	38	9:41	132.20	12:38:47	5:44	13	3:02:32	13	3:02:32
VP22 - Naturschu	6.40	45:41	7:08	42	18:43	42	18:43	138.60	13:24:28	5:48	17	3:19:26	17	3:19:26
VP23 - Oranienbu	4.50	35:06	7:48	44	16:04	44	16:04	143.10	13:59:34	5:52	16	3:31:29	16	3:31:29
VP24 - Lauftreff l	5.30	43:57	8:17	47	21:17	47	21:17	148.40	14:43:31	5:57	18	3:49:23	18	3:49:23
VP25 - Wilhelmsr	5.70	42:39	7:28	37	18:34	37	18:34	154.10	15:26:10	6:00	18	4:04:16	18	4:04:16
VP26 - Wollankst	3.10	24:53	8:01	34	11:41	34	11:41	157.20	15:51:03	6:02	19	4:13:51	19	4:13:51
Friedrich-Ludwig	4.20	31:47	7:34	42	13:52	42	13:52	161.90	16:22:50	6:04	19	4:24:12	19	4:24:12