



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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FH Runners Berlin Verfolger

□□□: 13:17:44

□□: 4019

□□: 12.11 km/h

□□□□: 4:56 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 2 (of 57)

□□□□□□: 11:58:38

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□□□□□: 2(of 57)

4er-Staffel / 4-person relay

□□□□□□: 11:58:38

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	40:52	4:45	2	0:01	2	0:01	8.60	40:52	4:45	2	0:01	2	0:01
VP2 - East Side G	4.80	21:47	4:32	3	1:02	3	1:02	13.40	1:02:39	4:40	3	1:03	3	1:03
VP3 - Dammweg	5.80	28:53	4:58	3	4:17	3	4:17	19.20	1:31:32	4:46	3	5:20	3	5:20
VP4 - Johannisth	5.70	26:48	4:42	3	4:14	3	4:14	24.90	1:58:20	4:45	3	9:34	3	9:34
VP5 - Imbiß "Am	9.50	47:52	5:02	3	7:47	3	7:47	34.40	2:46:12	4:49	3	17:21	3	17:21
VP6 - Buckow	4.50	23:58	5:19	4	3:52	4	3:52	38.90	3:10:10	4:53	3	21:13	3	21:13
□□□	7.60	36:58	4:51	2	4:06	2	4:06	46.50	3:47:08	4:53	3	25:19	3	25:19
VP8 - Osdorfer St	6.30	31:25	4:59	4	3:44	4	3:44	52.80	4:18:33	4:53	3	29:03	3	29:03
VP9 - Sportplatz	6.50	31:24	4:49	3	2:43	3	2:43	59.30	4:49:57	4:53	3	31:46	3	31:46
VP10 - Königswe	6.20	30:01	4:50	11	3:36	11	3:36	65.50	5:19:58	4:53	3	34:44	3	34:44
VP11 - Gedenkst	6.80	33:10	4:52	8	3:43	8	3:43	72.30	5:53:08	4:53	3	38:27	3	38:27
VP12 - Brauhaus	6.90	33:44	4:53	10	28:57	10	28:57	79.20	6:26:52	4:53	3	42:19	3	42:19
VP13 - Revierförs	5.70	30:20	5:19	14	5:20	14	5:20	84.90	6:57:12	4:54	2	45:33	2	45:33
VP14 - Schloss S	6.30	34:28	5:28	17	7:20	17	7:20	91.20	7:31:40	4:57	3	51:21	3	51:21
VP15 - Pagel & Fi	7.60	33:45	4:26	2	2:10	2	2:10	98.80	8:05:25	4:54	2	53:31	2	53:31
VP16 - Karolinenl	4.90	22:05	4:30	2	1:57	2	1:57	103.70	8:27:30	4:53	2	55:28	2	55:28
VP17 - Falkensee	6.50	30:40	4:43	3	3:02	3	3:02	110.20	8:58:10	4:53	2	58:30	2	58:30
VP18 - Schönwal	5.80	27:40	4:46	4	3:42	4	3:42	116.00	9:25:50	4:52	2	1:02:12	2	1:02:12
VP19 - Grenzturn	7.30	40:04	5:29	8	6:56	8	6:56	123.30	10:05:54	4:54	2	1:09:08	2	1:09:08
VP20 - Rudercluk	4.80	27:11	5:39	12	5:18	12	5:18	128.10	10:33:05	4:56	2	1:14:26	2	1:14:26
VP21 - Frohnau	4.10	20:28	4:59	7	2:52	7	2:52	132.20	10:53:33	4:56	2	1:17:18	2	1:17:18
VP22 - Naturschu	6.40	32:02	5:00	6	5:04	6	5:04	138.60	11:25:35	4:56	2	1:20:33	2	1:20:33
VP23 - Oranienbu	4.50	23:00	5:06	7	3:58	7	3:58	143.10	11:48:35	4:57	2	1:20:30	2	1:20:30
VP24 - Laufftreff l	5.30	26:04	4:55	4	3:24	4	3:24	148.40	12:14:39	4:57	2	1:20:31	2	1:20:31
VP25 - Wilhelmsr	5.70	27:52	4:53	3	3:47	3	3:47	154.10	12:42:31	4:56	2	1:20:37	2	1:20:37
VP26 - Wollankst	3.10	15:30	5:00	3	2:18	3	2:18	157.20	12:58:01	4:56	2	1:20:49	2	1:20:49
Friedrich-Ludwig	4.20	19:43	4:41	3	1:48	3	1:48	161.90	13:17:44	4:55	2	1:19:06	2	1:19:06