



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Cottbuser Parkläufer II

□□□: 16:53:51

□□: 4044

□□: 9.53 km/h

□□□□: 6:16 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 23 (of 57)

□□□□□□: 11:58:38

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□□□□□: 23(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	51:53	6:01	17	11:02	17	11:02	8.60	51:53	6:01	17	11:02	17	11:02
VP2 - East Side G	4.80	25:23	5:17	9	4:38	9	4:38	13.40	1:17:16	5:45	10	15:40	10	15:40
VP3 - Dammweg	5.80	34:00	5:51	15	9:24	15	9:24	19.20	1:51:16	5:47	12	25:04	12	25:04
VP4 - Johannisth	5.70	30:24	5:19	6	7:50	6	7:50	24.90	2:21:40	5:41	11	32:54	11	32:54
VP5 - Imbiß "Am	9.50	52:23	5:30	9	12:18	9	12:18	34.40	3:14:03	5:38	9	45:12	9	45:12
VP6 - Buckow	4.50	26:34	5:54	7	6:28	7	6:28	38.90	3:40:37	5:40	9	51:40	9	51:40
□□□	7.60	43:43	5:45	8	10:51	8	10:51	46.50	4:24:20	5:41	9	1:02:31	9	1:02:31
VP8 - Osdorfer St	6.30	36:49	5:50	9	9:08	9	9:08	52.80	5:01:09	5:42	7	1:11:39	7	1:11:39
VP9 - Sportplatz	6.50	38:42	5:57	18	10:01	18	10:01	59.30	5:39:51	5:43	8	1:21:40	8	1:21:40
VP10 - Königswe	6.20	33:59	5:28	19	7:34	19	7:34	65.50	6:13:50	5:42	8	1:28:36	8	1:28:36
VP11 - Gedenkst	6.80	39:51	5:51	24	10:24	24	10:24	72.30	6:53:41	5:43	7	1:39:00	7	1:39:00
VP12 - Brauhaus	6.90	40:45	5:54	28	35:58	28	35:58	79.20	7:34:26	5:44	10	1:49:53	10	1:49:53
VP13 - Revierförs	5.70	35:55	6:18	23	10:55	23	10:55	84.90	8:10:21	5:46	12	1:58:42	12	1:58:42
VP14 - Schloss S	6.30	39:03	6:11	32	11:55	32	11:55	91.20	8:49:24	5:48	13	2:09:05	13	2:09:05
VP15 - Pagel & F	7.60	39:51	5:14	18	8:16	18	8:16	98.80	9:29:15	5:45	13	2:17:21	13	2:17:21
VP16 - Karolinenl	4.90	25:00	5:06	11	4:52	11	4:52	103.70	9:54:15	5:43	13	2:22:13	13	2:22:13
VP17 - Falkensee	6.50	35:44	5:29	18	8:06	18	8:06	110.20	10:29:59	5:43	13	2:30:19	13	2:30:19
VP18 - Schönwal	5.80	30:41	5:17	11	6:43	11	6:43	116.00	11:00:40	5:41	12	2:37:02	12	2:37:02
VP19 - Grenzturn	7.30	41:17	5:39	12	8:09	12	8:09	123.30	11:41:57	5:41	11	2:45:11	11	2:45:11
VP20 - Rudercluk	4.80	29:43	6:11	20	7:50	20	7:50	128.10	12:11:40	5:42	12	2:53:01	12	2:53:01
VP21 - Frohnau	4.10	26:14	6:23	31	8:38	31	8:38	132.20	12:37:54	5:43	12	3:01:39	12	3:01:39
VP22 - Naturschu	6.40	45:22	7:05	39	18:24	39	18:24	138.60	13:23:16	5:47	16	3:18:14	16	3:18:14
VP23 - Oranienbu	4.50	36:46	8:10	48	17:44	48	17:44	143.10	14:00:02	5:52	18	3:31:57	18	3:31:57
VP24 - Lauftreff l	5.30	48:17	9:06	51	25:37	51	25:37	148.40	14:48:19	5:59	19	3:54:11	19	3:54:11
VP25 - Wilhelmsr	5.70	55:45	9:46	52	31:40	52	31:40	154.10	15:44:04	6:07	20	4:22:10	20	4:22:10
VP26 - Wollankst	3.10	35:26	11:25	54	22:14	54	22:14	157.20	16:19:30	6:13	23	4:42:18	23	4:42:18
Friedrich-Ludwig	4.20	34:21	8:10	47	16:26	47	16:26	161.90	16:53:51	6:15	23	4:55:13	23	4:55:13