



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Laufen verbindet uns mit Kinderhilfe : 17:13:09

: 4052

: 9.40 km/h

: 6:23 min/km

: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) : 25 (of 57)

: 11:58:38

:

: 25(of 57)

4er-Staffel / 4-person relay

: 11:58:38

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	km	min/km						km	min/km					
VP1 - Checkpoint	8.60	55:44	6:28	30	14:53	30	14:53	8.60	55:44	6:28	30	14:53	30	14:53
VP2 - East Side G	4.80	26:09	5:26	16	5:24	16	5:24	13.40	1:21:53	6:06	21	20:17	21	20:17
VP3 - Dammweg	5.80	35:06	6:03	20	10:30	20	10:30	19.20	1:56:59	6:05	22	30:47	22	30:47
VP4 - Johannisth	5.70	33:02	5:47	21	10:28	21	10:28	24.90	2:30:01	6:01	21	41:15	21	41:15
VP5 - Imbiß "Am	9.50	55:04	5:47	15	14:59	15	14:59	34.40	3:25:05	5:57	20	56:14	20	56:14
VP6 - Buckow	4.50	27:49	6:10	14	7:43	14	7:43	38.90	3:52:54	5:59	20	1:03:57	20	1:03:57
	7.60	46:43	6:08	17	13:51	17	13:51	46.50	4:39:37	6:00	18	1:17:48	18	1:17:48
VP8 - Osdorfer St	6.30	38:46	6:09	16	11:05	16	11:05	52.80	5:18:23	6:01	16	1:28:53	16	1:28:53
VP9 - Sportplatz	6.50	38:00	5:50	10	9:19	10	9:19	59.30	5:56:23	6:00	16	1:38:12	16	1:38:12
VP10 - Königswe	6.20	36:48	5:56	29	10:23	29	10:23	65.50	6:33:11	6:00	18	1:47:57	18	1:47:57
VP11 - Gedenkst	6.80	43:45	6:26	35	14:18	35	14:18	72.30	7:16:56	6:02	19	2:02:15	19	2:02:15
VP12 - Brauhaus	6.90	46:07	6:41	41	41:20	41	41:20	79.20	8:03:03	6:05	24	2:18:30	24	2:18:30
VP13 - Revierförs	5.70	36:21	6:22	25	11:21	25	11:21	84.90	8:39:24	6:07	23	2:27:45	23	2:27:45
VP14 - Schloss S	6.30	36:24	5:46	21	9:16	21	9:16	91.20	9:15:48	6:05	22	2:35:29	22	2:35:29
VP15 - Pagel & Fi	7.60	41:57	5:31	26	10:22	26	10:22	98.80	9:57:45	6:03	22	2:45:51	22	2:45:51
VP16 - Karolinenl	4.90	28:40	5:51	26	8:32	26	8:32	103.70	10:26:25	6:02	21	2:54:23	21	2:54:23
VP17 - Falkensee	6.50	37:14	5:43	25	9:36	25	9:36	110.20	11:03:39	6:01	21	3:03:59	21	3:03:59
VP18 - Schönwal	5.80	33:48	5:49	24	9:50	24	9:50	116.00	11:37:27	6:00	20	3:13:49	20	3:13:49
VP19 - Grenzturn	7.30	45:55	6:17	22	12:47	22	12:47	123.30	12:23:22	6:01	19	3:26:36	19	3:26:36
VP20 - Rudercluk	4.80	28:56	6:01	19	7:03	19	7:03	128.10	12:52:18	6:01	20	3:33:39	20	3:33:39
VP21 - Frohnau	4.10	27:08	6:37	37	9:32	37	9:32	132.20	13:19:26	6:02	20	3:43:11	20	3:43:11
VP22 - Naturschu	6.40	45:33	7:07	40	18:35	40	18:35	138.60	14:04:59	6:05	21	3:59:57	21	3:59:57
VP23 - Oranienbu	4.50	36:35	8:07	47	17:33	47	17:33	143.10	14:41:34	6:09	21	4:13:29	21	4:13:29
VP24 - Lauftreff l	5.30	41:46	7:52	41	19:06	41	19:06	148.40	15:23:20	6:13	23	4:29:12	23	4:29:12
VP25 - Wilhelmsr	5.70	47:34	8:20	47	23:29	47	23:29	154.10	16:10:54	6:18	24	4:49:00	24	4:49:00
VP26 - Wollankst	3.10	28:58	9:20	45	15:46	45	15:46	157.20	16:39:52	6:21	24	5:02:40	24	5:02:40
Friedrich-Ludwig	4.20	33:17	7:55	45	15:22	45	15:22	161.90	17:13:09	6:22	25	5:14:31	25	5:14:31