



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Vier Hübis ohne Mauern

□□□: 17:42:34

□□: 4006

□□: 9.14 km/h

□□□□: 6:34 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 29 (of 57)

□□□□□□: 11:58:38

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□□□□□: 29(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□	□□ □□
VP1 - Checkpoint	8.60	55:43	6:28	29	14:52	29	14:52	8.60	55:43	6:28	29	14:52	29	14:52	
VP2 - East Side G	4.80	28:16	5:53	34	7:31	34	7:31	13.40	1:23:59	6:16	36	22:23	36	22:23	
VP3 - Dammweg	5.80	38:20	6:36	35	13:44	35	13:44	19.20	2:02:19	6:22	35	36:07	35	36:07	
VP4 - Johannisth	5.70	37:24	6:33	38	14:50	38	14:50	24.90	2:39:43	6:24	37	50:57	37	50:57	
VP5 - Imbiß "Am	9.50	1:00:05	6:19	29	20:00	29	20:00	34.40	3:39:48	6:23	34	1:10:57	34	1:10:57	
VP6 - Buckow	4.50	31:21	6:58	27	11:15	27	11:15	38.90	4:11:09	6:27	33	1:22:12	33	1:22:12	
□□□	7.60	53:09	6:59	30	20:17	30	20:17	46.50	5:04:18	6:32	32	1:42:29	32	1:42:29	
VP8 - Osdorfer St	6.30	40:34	6:26	22	12:53	22	12:53	52.80	5:44:52	6:31	31	1:55:22	31	1:55:22	
VP9 - Sportplatz	6.50	40:32	6:14	23	11:51	23	11:51	59.30	6:25:24	6:29	30	2:07:13	30	2:07:13	
VP10 - Königswe	6.20	29:51	4:48	10	3:26	10	3:26	65.50	6:55:15	6:20	29	2:10:01	29	2:10:01	
VP11 - Gedenkst	6.80	33:31	4:55	10	4:04	10	4:04	72.30	7:28:46	6:12	27	2:14:05	27	2:14:05	
VP12 - Brauhaus	6.90	33:50	4:54	11	29:03	11	29:03	79.20	8:02:36	6:05	22	2:18:03	22	2:18:03	
VP13 - Revierförs	5.70	30:46	5:23	15	5:46	15	5:46	84.90	8:33:22	6:02	20	2:21:43	20	2:21:43	
VP14 - Schloss S	6.30	30:29	4:50	9	3:21	9	3:21	91.20	9:03:51	5:57	17	2:23:32	17	2:23:32	
VP15 - Pagel & Fi	7.60	52:04	6:51	50	20:29	50	20:29	98.80	9:55:55	6:01	21	2:44:01	21	2:44:01	
VP16 - Karolinenl	4.90	34:41	7:04	45	14:33	45	14:33	103.70	10:30:36	6:04	23	2:58:34	23	2:58:34	
VP17 - Falkensee	6.50	48:51	7:30	50	21:13	50	21:13	110.20	11:19:27	6:09	25	3:19:47	25	3:19:47	
VP18 - Schönwal	5.80	41:27	7:08	39	17:29	39	17:29	116.00	12:00:54	6:12	27	3:37:16	27	3:37:16	
VP19 - Grenzturn	7.30	56:40	7:45	41	23:32	41	23:32	123.30	12:57:34	6:18	28	4:00:48	28	4:00:48	
VP20 - Rudercluk	4.80	33:50	7:02	31	11:57	31	11:57	128.10	13:31:24	6:20	27	4:12:45	27	4:12:45	
VP21 - Frohnau	4.10	26:18	6:24	32	8:42	32	8:42	132.20	13:57:42	6:20	28	4:21:27	28	4:21:27	
VP22 - Naturschu	6.40	43:54	6:51	36	16:56	36	16:56	138.60	14:41:36	6:21	28	4:36:34	28	4:36:34	
VP23 - Oranienbu	4.50	33:21	7:24	39	14:19	39	14:19	143.10	15:14:57	6:23	28	4:46:52	28	4:46:52	
VP24 - Laufftreff l	5.30	41:38	7:51	40	18:58	40	18:58	148.40	15:56:35	6:26	29	5:02:27	29	5:02:27	
VP25 - Wilhelmsr	5.70	47:18	8:17	46	23:13	46	23:13	154.10	16:43:53	6:30	28	5:21:59	28	5:21:59	
VP26 - Wollankst	3.10	28:54	9:19	44	15:42	44	15:42	157.20	17:12:47	6:34	29	5:35:35	29	5:35:35	
Friedrich-Ludwig	4.20	29:47	7:05	37	11:52	37	11:52	161.90	17:42:34	6:33	29	5:43:56	29	5:43:56	