



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Hawk Lake Runners Falkensee

000: 17:44:46

00: 4022

00: 9.12 km/h

0000: 6:35 min/km

00: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) 00000: 30 (of 57)

000000: 11:58:38

0000:

00000: 30(of 57)

4er-Staffel / 4-person relay

0000000: 11:58:38

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000	00 km	00 00 min/km	00 -	00 -	00 00	00 00	000 km	000 00 min/km	00 -	00 -	00 00	00 00		
VP1 - Checkpoint	8.60	55:49	6:29	33	14:58	33	14:58	8.60	55:49	6:29	33	14:58	33	14:58
VP2 - East Side G	4.80	28:03	5:50	31	7:18	31	7:18	13.40	1:23:52	6:15	33	22:16	33	22:16
VP3 - Dammweg	5.80	36:32	6:17	27	11:56	27	11:56	19.20	2:00:24	6:16	31	34:12	31	34:12
VP4 - Johannisth	5.70	36:35	6:25	35	14:01	35	14:01	24.90	2:36:59	6:18	35	48:13	35	48:13
VP5 - Imbiß "Am	9.50	1:24:16	8:52	53	44:11	53	44:11	34.40	4:01:15	7:00	44	1:32:24	44	1:32:24
VP6 - Buckow	4.50	41:14	9:09	49	21:08	49	21:08	38.90	4:42:29	7:15	45	1:53:32	45	1:53:32
000	7.60	1:12:43	9:34	51	39:51	51	39:51	46.50	5:55:12	7:38	45	2:33:23	45	2:33:23
VP8 - Osdorfer St	6.30	53:31	8:29	44	25:50	44	25:50	52.80	6:48:43	7:44	45	2:59:13	45	2:59:13
VP9 - Sportplatz	6.50	47:04	7:14	39	18:23	39	18:23	59.30	7:35:47	7:41	45	3:17:36	45	3:17:36
VP10 - Königswe	6.20	37:07	5:59	32	10:42	32	10:42	65.50	8:12:54	7:31	44	3:27:40	44	3:27:40
VP11 - Gedenkst	6.80	44:27	6:32	39	15:00	39	15:00	72.30	8:57:21	7:25	44	3:42:40	44	3:42:40
VP12 - Brauhaus	6.90	45:08	6:32	37	40:21	37	40:21	79.20	9:42:29	7:21	44	3:57:56	44	3:57:56
VP13 - Revierförs	5.70	40:33	7:06	40	15:33	40	15:33	84.90	10:23:02	7:20	43	4:11:23	43	4:11:23
VP14 - Schloss S	6.30	44:46	7:06	42	17:38	42	17:38	91.20	11:07:48	7:19	43	4:27:29	43	4:27:29
VP15 - Pagel & Fi	7.60	37:44	4:57	10	6:09	10	6:09	98.80	11:45:32	7:08	41	4:33:38	41	4:33:38
VP16 - Karolinenl	4.90	24:22	4:58	9	4:14	9	4:14	103.70	12:09:54	7:02	41	4:37:52	41	4:37:52
VP17 - Falkensee	6.50	34:46	5:20	14	7:08	14	7:08	110.20	12:44:40	6:56	40	4:45:00	40	4:45:00
VP18 - Schönwal	5.80	31:05	5:21	14	7:07	14	7:07	116.00	13:15:45	6:51	40	4:52:07	40	4:52:07
VP19 - Grenzturn	7.30	46:49	6:24	25	13:41	25	13:41	123.30	14:02:34	6:50	38	5:05:48	38	5:05:48
VP20 - Rudercluk	4.80	28:05	5:51	16	6:12	16	6:12	128.10	14:30:39	6:47	38	5:12:00	38	5:12:00
VP21 - Frohnau	4.10	20:40	5:02	8	3:04	8	3:04	132.20	14:51:19	6:44	37	5:15:04	37	5:15:04
VP22 - Naturschu	6.40	33:05	5:10	10	6:07	10	6:07	138.60	15:24:24	6:40	33	5:19:22	33	5:19:22
VP23 - Oranienbu	4.50	25:50	5:44	15	6:48	15	6:48	143.10	15:50:14	6:38	32	5:22:09	32	5:22:09
VP24 - Lauftreff l	5.30	32:15	6:05	19	9:35	19	9:35	148.40	16:22:29	6:37	31	5:28:21	31	5:28:21
VP25 - Wilhelmsr	5.70	34:23	6:01	17	10:18	17	10:18	154.10	16:56:52	6:35	31	5:34:58	31	5:34:58
VP26 - Wollankst	3.10	21:51	7:02	21	8:39	21	8:39	157.20	17:18:43	6:36	30	5:41:31	30	5:41:31
Friedrich-Ludwig	4.20	26:03	6:12	23	8:08	23	8:08	161.90	17:44:46	6:34	30	5:46:08	30	5:46:08