



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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ForumTeam Legenden plus 1

□□□: 18:17:36

□□: 4045

□□: 8.80 km/h

□□□□: 6:47 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 33 (of 57)

□□□□□□: 11:58:38

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□□□□□: 33(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	51:50	6:01	16	10:59	16	10:59	8.60	51:50	6:01	16	10:59	16	10:59
VP2 - East Side G	4.80	27:20	5:41	21	6:35	21	6:35	13.40	1:19:10	5:54	17	17:34	17	17:34
VP3 - Dammweg	5.80	36:24	6:16	26	11:48	26	11:48	19.20	1:55:34	6:01	19	29:22	19	29:22
VP4 - Johannisth	5.70	35:14	6:10	32	12:40	32	12:40	24.90	2:30:48	6:03	22	42:02	22	42:02
VP5 - Imbiß "Am	9.50	1:03:19	6:39	33	23:14	33	23:14	34.40	3:34:07	6:13	30	1:05:16	30	1:05:16
VP6 - Buckow	4.50	32:24	7:11	31	12:18	31	12:18	38.90	4:06:31	6:20	30	1:17:34	30	1:17:34
□□□	7.60	57:19	7:32	34	24:27	34	24:27	46.50	5:03:50	6:32	31	1:42:01	31	1:42:01
VP8 - Osdorfer St	6.30	47:56	7:36	36	20:15	36	20:15	52.80	5:51:46	6:39	33	2:02:16	33	2:02:16
VP9 - Sportplatz	6.50	45:41	7:01	34	17:00	34	17:00	59.30	6:37:27	6:42	33	2:19:16	33	2:19:16
VP10 - Königswe	6.20	33:13	5:21	18	6:48	18	6:48	65.50	7:10:40	6:34	33	2:25:26	33	2:25:26
VP11 - Gedenkst	6.80	37:13	5:28	18	7:46	18	7:46	72.30	7:47:53	6:28	32	2:33:12	32	2:33:12
VP12 - Brauhaus	6.90	35:53	5:12	16	31:06	16	31:06	79.20	8:23:46	6:21	30	2:39:13	30	2:39:13
VP13 - Revierförs	5.70	29:57	5:15	12	4:57	12	4:57	84.90	8:53:43	6:17	29	2:42:04	29	2:42:04
VP14 - Schloss S	6.30	32:05	5:05	15	4:57	15	4:57	91.20	9:25:48	6:12	24	2:45:29	24	2:45:29
VP15 - Pagel & Fi	7.60	55:41	7:19	51	24:06	51	24:06	98.80	10:21:29	6:17	29	3:09:35	29	3:09:35
VP16 - Karolinenl	4.90	35:46	7:17	50	15:38	50	15:38	103.70	10:57:15	6:20	30	3:25:13	30	3:25:13
VP17 - Falkensee	6.50	44:22	6:49	41	16:44	41	16:44	110.20	11:41:37	6:22	30	3:41:57	30	3:41:57
VP18 - Schönwal	5.80	42:43	7:21	44	18:45	44	18:45	116.00	12:24:20	6:25	33	4:00:42	33	4:00:42
VP19 - Grenzturn	7.30	1:09:56	9:34	52	36:48	52	36:48	123.30	13:34:16	6:36	35	4:37:30	35	4:37:30
VP20 - Rudercluk	4.80	35:03	7:18	36	13:10	36	13:10	128.10	14:09:19	6:37	34	4:50:40	34	4:50:40
VP21 - Frohnau	4.10	30:09	7:21	46	12:33	46	12:33	132.20	14:39:28	6:39	34	5:03:13	34	5:03:13
VP22 - Naturschu	6.40	47:24	7:24	45	20:26	45	20:26	138.60	15:26:52	6:41	36	5:21:50	36	5:21:50
VP23 - Oranienbu	4.50	34:55	7:45	42	15:53	42	15:53	143.10	16:01:47	6:43	34	5:33:42	34	5:33:42
VP24 - Lauftreff l	5.30	39:58	7:32	37	17:18	37	17:18	148.40	16:41:45	6:45	34	5:47:37	34	5:47:37
VP25 - Wilhelmsr	5.70	40:34	7:07	30	16:29	30	16:29	154.10	17:22:19	6:45	34	6:00:25	34	6:00:25
VP26 - Wollankst	3.10	20:09	6:29	18	6:57	18	6:57	157.20	17:42:28	6:45	33	6:05:16	33	6:05:16
Friedrich-Ludwig	4.20	35:08	8:21	48	17:13	48	17:13	161.90	18:17:36	6:46	33	6:18:58	33	6:18:58