



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Independent Berlin Wall Trail Runners□□□: 18:20:23

□□: 4030

□□: 8.78 km/h

□□□□: 6:48 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4)□□□□□: 34 (of 57)

□□□□□□: 11:58:38

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□□□□□: 34(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	54:14	6:18	19	13:23	19	13:23	8.60	54:14	6:18	19	13:23	19	13:23
VP2 - East Side G	4.80	26:27	5:30	18	5:42	18	5:42	13.40	1:20:41	6:01	20	19:05	20	19:05
VP3 - Dammweg	5.80	36:19	6:15	25	11:43	25	11:43	19.20	1:57:00	6:05	23	30:48	23	30:48
VP4 - Johannisth	5.70	35:28	6:13	34	12:54	34	12:54	24.90	2:32:28	6:07	26	43:42	26	43:42
VP5 - Imbiß "Am	9.50	50:06	5:16	7	10:01	7	10:01	34.40	3:22:34	5:53	17	53:43	17	53:43
VP6 - Buckow	4.50	28:41	6:22	18	8:35	18	8:35	38.90	3:51:15	5:56	17	1:02:18	17	1:02:18
□□□	7.60	42:34	5:36	6	9:42	6	9:42	46.50	4:33:49	5:53	15	1:12:00	15	1:12:00
VP8 - Osdorfer St	6.30	35:02	5:33	7	7:21	7	7:21	52.80	5:08:51	5:50	13	1:19:21	13	1:19:21
VP9 - Sportplatz	6.50	34:57	5:22	6	6:16	6	6:16	59.30	5:43:48	5:47	9	1:25:37	9	1:25:37
VP10 - Königswe	6.20	38:27	6:12	41	12:02	41	12:02	65.50	6:22:15	5:50	12	1:37:01	12	1:37:01
VP11 - Gedenkst	6.80	42:09	6:11	30	12:42	30	12:42	72.30	7:04:24	5:52	14	1:49:43	14	1:49:43
VP12 - Brauhaus	6.90	40:37	5:53	27	35:50	27	35:50	79.20	7:45:01	5:52	13	2:00:28	13	2:00:28
VP13 - Revierförs	5.70	35:03	6:08	22	10:03	22	10:03	84.90	8:20:04	5:53	14	2:08:25	14	2:08:25
VP14 - Schloss S	6.30	35:54	5:41	19	8:46	19	8:46	91.20	8:55:58	5:52	14	2:15:39	14	2:15:39
VP15 - Pagel & F	7.60	39:35	5:12	17	8:00	17	8:00	98.80	9:35:33	5:49	15	2:23:39	15	2:23:39
VP16 - Karolinenl	4.90	28:59	5:54	30	8:51	30	8:51	103.70	10:04:32	5:49	14	2:32:30	14	2:32:30
VP17 - Falkensee	6.50	40:57	6:18	33	13:19	33	13:19	110.20	10:45:29	5:51	18	2:45:49	18	2:45:49
VP18 - Schönwal	5.80	42:24	7:18	43	18:26	43	18:26	116.00	11:27:53	5:55	19	3:04:15	19	3:04:15
VP19 - Grenzturn	7.30	1:14:16	10:10	54	41:08	54	41:08	123.30	12:42:09	6:10	25	3:45:23	25	3:45:23
VP20 - Rudercluk	4.80	56:36	11:47	55	34:43	55	34:43	128.10	13:38:45	6:23	29	4:20:06	29	4:20:06
VP21 - Frohnau	4.10	26:22	6:25	33	8:46	33	8:46	132.20	14:05:07	6:23	29	4:28:52	29	4:28:52
VP22 - Naturschu	6.40	1:04:54	10:08	53	37:56	53	37:56	138.60	15:10:01	6:33	31	5:04:59	31	5:04:59
VP23 - Oranienbu	4.50	35:18	7:50	45	16:16	45	16:16	143.10	15:45:19	6:36	31	5:17:14	31	5:17:14
VP24 - Laufftreff l	5.30	45:53	8:39	50	23:13	50	23:13	148.40	16:31:12	6:40	32	5:37:04	32	5:37:04
VP25 - Wilhelmsr	5.70	47:35	8:20	48	23:30	48	23:30	154.10	17:18:47	6:44	33	5:56:53	33	5:56:53
VP26 - Wollankst	3.10	30:34	9:51	51	17:22	51	17:22	157.20	17:49:21	6:48	34	6:12:09	34	6:12:09
Friedrich-Ludwig	4.20	31:02	7:23	41	13:07	41	13:07	161.90	18:20:23	6:47	34	6:21:45	34	6:21:45