



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Kraftstofffamilie

□□□: 18:24:19

□□: 4025

□□: 8.80 km/h

□□□□: 6:49 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 35 (of 57)

□□□□□□: 11:58:38

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□□□□□: 35(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	55:44	6:28	30	14:53	30	14:53	8.60	55:44	6:28	30	14:53	30	14:53
VP2 - East Side G	4.80	28:12	5:52	33	7:27	33	7:27	13.40	1:23:56	6:15	34	22:20	34	22:20
VP3 - Dammweg	5.80	38:35	6:39	38	13:59	38	13:59	19.20	2:02:31	6:22	36	36:19	36	36:19
VP4 - Johannisth	5.70	33:58	5:57	28	11:24	28	11:24	24.90	2:36:29	6:17	34	47:43	34	47:43
VP5 - Imbiß "Am	9.50	1:01:40	6:29	32	21:35	32	21:35	34.40	3:38:09	6:20	33	1:09:18	33	1:09:18
VP6 - Buckow	4.50	31:58	7:06	28	11:52	28	11:52	38.90	4:10:07	6:25	31	1:21:10	31	1:21:10
□□□	7.60	49:39	6:31	25	16:47	25	16:47	46.50	4:59:46	6:26	30	1:37:57	30	1:37:57
VP8 - Osdorfer St	6.30	40:53	6:29	23	13:12	23	13:12	52.80	5:40:39	6:27	29	1:51:09	29	1:51:09
VP9 - Sportplatz	6.50	39:38	6:05	20	10:57	20	10:57	59.30	6:20:17	6:24	27	2:02:06	27	2:02:06
VP10 - Königswe	6.20	36:47	5:55	28	10:22	28	10:22	65.50	6:57:04	6:22	30	2:11:50	30	2:11:50
VP11 - Gedenkst	6.80	43:48	6:26	36	14:21	36	14:21	72.30	7:40:52	6:22	29	2:26:11	29	2:26:11
VP12 - Brauhaus	6.90	46:59	6:48	43	42:12	43	42:12	79.20	8:27:51	6:24	32	2:43:18	32	2:43:18
VP13 - Revierförs	5.70	41:20	7:15	43	16:20	43	16:20	84.90	9:09:11	6:28	32	2:57:32	32	2:57:32
VP14 - Schloss S	6.30	50:00	7:56	50	22:52	50	22:52	91.20	9:59:11	6:34	33	3:18:52	33	3:18:52
VP15 - Pagel & Fi	7.60	44:32	5:51	34	12:57	34	12:57	98.80	10:43:43	6:30	34	3:31:49	34	3:31:49
VP16 - Karolinenl	4.90	30:13	6:09	32	10:05	32	10:05	103.70	11:13:56	6:29	35	3:41:54	35	3:41:54
VP17 - Falkensee	6.50	42:50	6:35	38	15:12	38	15:12	110.20	11:56:46	6:30	36	3:57:06	36	3:57:06
VP18 - Schönwal	5.80	42:09	7:16	42	18:11	42	18:11	116.00	12:38:55	6:32	36	4:15:17	36	4:15:17
VP19 - Grenzturn	7.30	58:29	8:00	42	25:21	42	25:21	123.30	13:37:24	6:37	36	4:40:38	36	4:40:38
VP20 - Rudercluk	4.80	38:40	8:03	45	16:47	45	16:47	128.10	14:16:04	6:40	36	4:57:25	36	4:57:25
VP21 - Frohnau	4.10	26:25	6:26	34	8:49	34	8:49	132.20	14:42:29	6:40	35	5:06:14	35	5:06:14
VP22 - Naturschu	6.40	43:18	6:45	33	16:20	33	16:20	138.60	15:25:47	6:40	35	5:20:45	35	5:20:45
VP23 - Oranienbu	4.50	33:44	7:29	40	14:42	40	14:42	143.10	15:59:31	6:42	33	5:31:26	33	5:31:26
VP24 - Laufftreff l	5.30	40:00	7:32	38	17:20	38	17:20	148.40	16:39:31	6:44	33	5:45:23	33	5:45:23
VP25 - Wilhelmsr	5.70	45:23	7:57	43	21:18	43	21:18	154.10	17:24:54	6:46	35	6:03:00	35	6:03:00
VP26 - Wollankst	3.10	27:35	8:53	42	14:23	42	14:23	157.20	17:52:29	6:49	35	6:15:17	35	6:15:17
Friedrich-Ludwig	4.20	31:50	7:34	43	13:55	43	13:55	161.90	18:24:19	6:49	35	6:25:41	35	6:25:41