



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Mauersegler

□□□: 18:48:51

□□: 4009

□□: 8.56 km/h

□□□□: 6:58 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 38 (of 57)

□□□□□□: 11:58:38

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□□□□□: 38(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□□	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□	□□ □□□
VP1 - Checkpoint	8.60	58:51	6:50	43	18:00	43	18:00	8.60	58:51	6:50	43	18:00	43	18:00	18:00
VP2 - East Side G	4.80	31:15	6:30	42	10:30	42	10:30	13.40	1:30:06	6:43	43	28:30	43	28:30	28:30
VP3 - Dammweg	5.80	42:28	7:19	46	17:52	46	17:52	19.20	2:12:34	6:54	43	46:22	43	46:22	46:22
VP4 - Johannisth	5.70	37:34	6:35	39	15:00	39	15:00	24.90	2:50:08	6:49	43	1:01:22	43	1:01:22	1:01:22
VP5 - Imbiß "Am	9.50	1:06:02	6:57	38	25:57	38	25:57	34.40	3:56:10	6:51	40	1:27:19	40	1:27:19	1:27:19
VP6 - Buckow	4.50	35:27	7:52	37	15:21	37	15:21	38.90	4:31:37	6:58	40	1:42:40	40	1:42:40	1:42:40
□□□	7.60	1:01:12	8:03	39	28:20	39	28:20	46.50	5:32:49	7:09	40	2:11:00	40	2:11:00	2:11:00
VP8 - Osdorfer St	6.30	49:32	7:51	39	21:51	39	21:51	52.80	6:22:21	7:14	40	2:32:51	40	2:32:51	2:32:51
VP9 - Sportplatz	6.50	45:04	6:56	30	16:23	30	16:23	59.30	7:07:25	7:12	39	2:49:14	39	2:49:14	2:49:14
VP10 - Königswe	6.20	41:02	6:37	45	14:37	45	14:37	65.50	7:48:27	7:09	40	3:03:13	40	3:03:13	3:03:13
VP11 - Gedenkst	6.80	50:45	7:27	49	21:18	49	21:18	72.30	8:39:12	7:10	41	3:24:31	41	3:24:31	3:24:31
VP12 - Brauhaus	6.90	49:06	7:06	46	44:19	46	44:19	79.20	9:28:18	7:10	40	3:43:45	40	3:43:45	3:43:45
VP13 - Revierförs	5.70	41:42	7:18	44	16:42	44	16:42	84.90	10:10:00	7:11	41	3:58:21	41	3:58:21	3:58:21
VP14 - Schloss S	6.30	44:33	7:04	41	17:25	41	17:25	91.20	10:54:33	7:10	40	4:14:14	40	4:14:14	4:14:14
VP15 - Pagel & Fi	7.60	38:01	5:00	12	6:26	12	6:26	98.80	11:32:34	7:00	39	4:20:40	39	4:20:40	4:20:40
VP16 - Karolinenl	4.90	24:18	4:57	8	4:10	8	4:10	103.70	11:56:52	6:54	39	4:24:50	39	4:24:50	4:24:50
VP17 - Falkensee	6.50	35:03	5:23	15	7:25	15	7:25	110.20	12:31:55	6:49	39	4:32:15	39	4:32:15	4:32:15
VP18 - Schönwal	5.80	31:48	5:28	17	7:50	17	7:50	116.00	13:03:43	6:45	37	4:40:05	37	4:40:05	4:40:05
VP19 - Grenzturn	7.30	44:17	6:03	19	11:09	19	11:09	123.30	13:48:00	6:42	37	4:51:14	37	4:51:14	4:51:14
VP20 - Rudercluk	4.80	31:46	6:37	27	9:53	27	9:53	128.10	14:19:46	6:42	37	5:01:07	37	5:01:07	5:01:07
VP21 - Frohnau	4.10	28:45	7:00	42	11:09	42	11:09	132.20	14:48:31	6:43	36	5:12:16	36	5:12:16	5:12:16
VP22 - Naturschu	6.40	49:07	7:40	48	22:09	48	22:09	138.60	15:37:38	6:45	37	5:32:36	37	5:32:36	5:32:36
VP23 - Oranienbu	4.50	32:35	7:14	38	13:33	38	13:33	143.10	16:10:13	6:46	37	5:42:08	37	5:42:08	5:42:08
VP24 - Lauftreff l	5.30	44:55	8:28	48	22:15	48	22:15	148.40	16:55:08	6:50	37	6:01:00	37	6:01:00	6:01:00
VP25 - Wilhelmsr	5.70	44:48	7:51	41	20:43	41	20:43	154.10	17:39:56	6:52	37	6:18:02	37	6:18:02	6:18:02
VP26 - Wollankst	3.10	29:40	9:34	49	16:28	49	16:28	157.20	18:09:36	6:55	38	6:32:24	38	6:32:24	6:32:24
Friedrich-Ludwig	4.20	39:15	9:20	54	21:20	54	21:20	161.90	18:48:51	6:58	38	6:50:13	38	6:50:13	6:50:13