



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Die Meisels

□□□: 14:16:02

□□: 4002

□□: 11.28 km/h

□□□□: 5:17 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 4 (of 57)

□□□□□□: 11:58:38

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□□□□□: 4(of 57)

4er-Staffel / 4-person relay

□□□□□□□: 11:58:38

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| □□□                | □□<br>km | □□<br>□□ min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□   | □□□    | □□□      | □□   | □□ | □□      | □□ |         |
|--------------------|----------|-----------------|---------|---------|-----------|-----------|-------|--------|----------|------|----|---------|----|---------|
| VP1 - Checkpoint   | 8.60     | 40:55           | 4:45    | 3       | 0:04      | 3         | 0:04  | 8.60   | 40:55    | 4:45 | 3  | 0:04    | 3  | 0:04    |
| VP2 - East Side G  | 4.80     | 20:57           | 4:21    | 2       | 0:12      | 2         | 0:12  | 13.40  | 1:01:52  | 4:37 | 2  | 0:16    | 2  | 0:16    |
| VP3 - Dammweg      | 5.80     | 25:42           | 4:25    | 2       | 1:06      | 2         | 1:06  | 19.20  | 1:27:34  | 4:33 | 2  | 1:22    | 2  | 1:22    |
| VP4 - Johannisth   | 5.70     | 24:56           | 4:22    | 2       | 2:22      | 2         | 2:22  | 24.90  | 1:52:30  | 4:31 | 2  | 3:44    | 2  | 3:44    |
| VP5 - Imbiß "Am    | 9.50     | 41:59           | 4:25    | 2       | 1:54      | 2         | 1:54  | 34.40  | 2:34:29  | 4:29 | 2  | 5:38    | 2  | 5:38    |
| VP6 - Buckow       | 4.50     | 21:45           | 4:49    | 2       | 1:39      | 2         | 1:39  | 38.90  | 2:56:14  | 4:31 | 2  | 7:17    | 2  | 7:17    |
| □□□                | 7.60     | 38:11           | 5:01    | 3       | 5:19      | 3         | 5:19  | 46.50  | 3:34:25  | 4:36 | 2  | 12:36   | 2  | 12:36   |
| VP8 - Osdorfer St  | 6.30     | 28:07           | 4:27    | 2       | 0:26      | 2         | 0:26  | 52.80  | 4:02:32  | 4:35 | 2  | 13:02   | 2  | 13:02   |
| VP9 - Sportplatz   | 6.50     | 30:34           | 4:42    | 2       | 1:53      | 2         | 1:53  | 59.30  | 4:33:06  | 4:36 | 2  | 14:55   | 2  | 14:55   |
| VP10 - Königswe    | 6.20     | 34:22           | 5:32    | 23      | 7:57      | 23        | 7:57  | 65.50  | 5:07:28  | 4:41 | 2  | 22:14   | 2  | 22:14   |
| VP11 - Gedenkst    | 6.80     | 38:16           | 5:37    | 21      | 8:49      | 21        | 8:49  | 72.30  | 5:45:44  | 4:46 | 2  | 31:03   | 2  | 31:03   |
| VP12 - Brauhaus    | 6.90     | 40:00           | 5:47    | 22      | 35:13     | 22        | 35:13 | 79.20  | 6:25:44  | 4:52 | 2  | 41:11   | 2  | 41:11   |
| VP13 - Revierförs  | 5.70     | 37:27           | 6:34    | 31      | 12:27     | 31        | 12:27 | 84.90  | 7:03:11  | 4:59 | 4  | 51:32   | 4  | 51:32   |
| VP14 - Schloss S   | 6.30     | 37:16           | 5:54    | 25      | 10:08     | 25        | 10:08 | 91.20  | 7:40:27  | 5:02 | 4  | 1:00:08 | 4  | 1:00:08 |
| VP15 - Pagel & F   | 7.60     | 41:51           | 5:30    | 25      | 10:16     | 25        | 10:16 | 98.80  | 8:22:18  | 5:05 | 4  | 1:10:24 | 4  | 1:10:24 |
| VP16 - Karolinenl  | 4.90     | 27:13           | 5:33    | 20      | 7:05      | 20        | 7:05  | 103.70 | 8:49:31  | 5:06 | 4  | 1:17:29 | 4  | 1:17:29 |
| VP17 - Falkensee   | 6.50     | 36:01           | 5:32    | 20      | 8:23      | 20        | 8:23  | 110.20 | 9:25:32  | 5:07 | 4  | 1:25:52 | 4  | 1:25:52 |
| VP18 - Schönwal    | 5.80     | 32:12           | 5:33    | 18      | 8:14      | 18        | 8:14  | 116.00 | 9:57:44  | 5:09 | 4  | 1:34:06 | 4  | 1:34:06 |
| VP19 - Grenzturn   | 7.30     | 40:30           | 5:32    | 10      | 7:22      | 10        | 7:22  | 123.30 | 10:38:14 | 5:10 | 4  | 1:41:28 | 4  | 1:41:28 |
| VP20 - Rudercluk   | 4.80     | 24:55           | 5:11    | 7       | 3:02      | 7         | 3:02  | 128.10 | 11:03:09 | 5:10 | 4  | 1:44:30 | 4  | 1:44:30 |
| VP21 - Frohnau     | 4.10     | 22:22           | 5:27    | 18      | 4:46      | 18        | 4:46  | 132.20 | 11:25:31 | 5:11 | 4  | 1:49:16 | 4  | 1:49:16 |
| VP22 - Naturschu   | 6.40     | 36:01           | 5:37    | 16      | 9:03      | 16        | 9:03  | 138.60 | 12:01:32 | 5:12 | 4  | 1:56:30 | 4  | 1:56:30 |
| VP23 - Oranienbu   | 4.50     | 28:01           | 6:13    | 23      | 8:59      | 23        | 8:59  | 143.10 | 12:29:33 | 5:14 | 4  | 2:01:28 | 4  | 2:01:28 |
| VP24 - Lauftreff l | 5.30     | 31:07           | 5:52    | 16      | 8:27      | 16        | 8:27  | 148.40 | 13:00:40 | 5:15 | 4  | 2:06:32 | 4  | 2:06:32 |
| VP25 - Wilhelmsr   | 5.70     | 32:39           | 5:43    | 14      | 8:34      | 14        | 8:34  | 154.10 | 13:33:19 | 5:16 | 4  | 2:11:25 | 4  | 2:11:25 |
| VP26 - Wollankst   | 3.10     | 19:55           | 6:25    | 17      | 6:43      | 17        | 6:43  | 157.20 | 13:53:14 | 5:18 | 4  | 2:16:02 | 4  | 2:16:02 |
| Friedrich-Ludwig   | 4.20     | 22:48           | 5:25    | 11      | 4:53      | 11        | 4:53  | 161.90 | 14:16:02 | 5:17 | 4  | 2:17:24 | 4  | 2:17:24 |