



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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KAOTen

□□□: 20:15:35

□□: 4034

□□: 7.95 km/h

□□□□: 7:31 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 47 (of 57)

□□□□□□: 11:58:38

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□□□□□: 47(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
VP1 - Checkpoint	8.60	1:01:26	7:08	46	20:35	46	20:35	8.60	1:01:26	7:08	46	20:35	46	20:35
VP2 - East Side G	4.80	32:28	6:45	48	11:43	48	11:43	13.40	1:33:54	7:00	45	32:18	45	32:18
VP3 - Dammweg	5.80	45:49	7:53	49	21:13	49	21:13	19.20	2:19:43	7:16	46	53:31	46	53:31
VP4 - Johannisth	5.70	41:52	7:20	48	19:18	48	19:18	24.90	3:01:35	7:17	46	1:12:49	46	1:12:49
VP5 - Imbiß "Am	9.50	1:24:54	8:56	55	44:49	55	44:49	34.40	4:26:29	7:44	48	1:57:38	48	1:57:38
VP6 - Buckow	4.50	44:33	9:53	53	24:27	53	24:27	38.90	5:11:02	7:59	48	2:22:05	48	2:22:05
□□□	7.60	1:09:50	9:11	49	36:58	49	36:58	46.50	6:20:52	8:11	49	2:59:03	49	2:59:03
VP8 - Osdorfer St	6.30	55:08	8:45	45	27:27	45	27:27	52.80	7:16:00	8:15	50	3:26:30	50	3:26:30
VP9 - Sportplatz	6.50	57:40	8:52	50	28:59	50	28:59	59.30	8:13:40	8:19	50	3:55:29	50	3:55:29
VP10 - Königswe	6.20	37:16	6:00	33	10:51	33	10:51	65.50	8:50:56	8:06	48	4:05:42	48	4:05:42
VP11 - Gedenkst	6.80	43:56	6:27	37	14:29	37	14:29	72.30	9:34:52	7:57	45	4:20:11	45	4:20:11
VP12 - Brauhaus	6.90	45:04	6:31	36	40:17	36	40:17	79.20	10:19:56	7:49	46	4:35:23	46	4:35:23
VP13 - Revierförs	5.70	37:05	6:30	29	12:05	29	12:05	84.90	10:57:01	7:44	46	4:45:22	46	4:45:22
VP14 - Schloss S	6.30	44:51	7:07	43	17:43	43	17:43	91.20	11:41:52	7:41	46	5:01:33	46	5:01:33
VP15 - Pagel & Fi	7.60	45:30	5:59	36	13:55	36	13:55	98.80	12:27:22	7:33	46	5:15:28	46	5:15:28
VP16 - Karolinenl	4.90	31:21	6:23	35	11:13	35	11:13	103.70	12:58:43	7:30	46	5:26:41	46	5:26:41
VP17 - Falkensee	6.50	42:24	6:31	37	14:46	37	14:46	110.20	13:41:07	7:27	46	5:41:27	46	5:41:27
VP18 - Schönwal	5.80	43:57	7:34	48	19:59	48	19:59	116.00	14:25:04	7:27	46	6:01:26	46	6:01:26
VP19 - Grenzturn	7.30	54:48	7:30	37	21:40	37	21:40	123.30	15:19:52	7:27	46	6:23:06	46	6:23:06
VP20 - Rudercluk	4.80	35:22	7:22	39	13:29	39	13:29	128.10	15:55:14	7:27	46	6:36:35	46	6:36:35
VP21 - Frohnau	4.10	31:06	7:35	48	13:30	48	13:30	132.20	16:26:20	7:27	45	6:50:05	45	6:50:05
VP22 - Naturschu	6.40	52:24	8:11	51	25:26	51	25:26	138.60	17:18:44	7:29	45	7:13:42	45	7:13:42
VP23 - Oranienbu	4.50	34:03	7:33	41	15:01	41	15:01	143.10	17:52:47	7:29	45	7:24:42	45	7:24:42
VP24 - Laufftreff l	5.30	42:59	8:06	45	20:19	45	20:19	148.40	18:35:46	7:31	46	7:41:38	46	7:41:38
VP25 - Wilhelmsr	5.70	45:29	7:58	44	21:24	44	21:24	154.10	19:21:15	7:32	46	7:59:21	46	7:59:21
VP26 - Wollankst	3.10	25:59	8:22	36	12:47	36	12:47	157.20	19:47:14	7:33	46	8:10:02	46	8:10:02
Friedrich-Ludwig	4.20	28:21	6:45	32	10:26	32	10:26	161.90	20:15:35	7:30	47	8:16:57	47	8:16:57