



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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4 Hirsche auf Abwegen

□□□: 14:35:38

□□: 4008

□□: 11.09 km/h

□□□□: 5:25 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 6 (of 57)

□□□□□□: 11:58:38

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□□□□□: 6(of 57)

4er-Staffel / 4-person relay

□□□□□□□: 11:58:38

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□	□□ □□
VP1 - Checkpoint	8.60	55:51	6:29	34	15:00	34	15:00	8.60	55:51	6:29	34	15:00	34	15:00	
VP2 - East Side G	4.80	29:20	6:06	39	8:35	39	8:35	13.40	1:25:11	6:21	38	23:35	38	23:35	
VP3 - Dammweg	5.80	37:07	6:23	33	12:31	33	12:31	19.20	2:02:18	6:22	34	36:06	34	36:06	
VP4 - Johannisth	5.70	33:14	5:49	23	10:40	23	10:40	24.90	2:35:32	6:14	32	46:46	32	46:46	
VP5 - Imbiß "Am	9.50	57:26	6:02	22	17:21	22	17:21	34.40	3:32:58	6:11	29	1:04:07	29	1:04:07	
VP6 - Buckow	4.50	27:44	6:09	13	7:38	13	7:38	38.90	4:00:42	6:11	26	1:11:45	26	1:11:45	
□□□	7.60	51:30	6:46	26	18:38	26	18:38	46.50	4:52:12	6:17	28	1:30:23	28	1:30:23	
VP8 - Osdorfer St	6.30	36:35	5:48	8	8:54	8	8:54	52.80	5:28:47	6:13	25	1:39:17	25	1:39:17	
VP9 - Sportplatz	6.50	38:32	5:55	16	9:51	16	9:51	59.30	6:07:19	6:11	25	1:49:08	25	1:49:08	
VP10 - Königswe	6.20	28:48	4:38	8	2:23	8	2:23	65.50	6:36:07	6:02	20	1:50:53	20	1:50:53	
VP11 - Gedenkst	6.80	33:13	4:53	9	3:46	9	3:46	72.30	7:09:20	5:56	16	1:54:39	16	1:54:39	
VP12 - Brauhaus	6.90	32:23	4:41	8	27:36	8	27:36	79.20	7:41:43	5:49	12	1:57:10	12	1:57:10	
VP13 - Revierförs	5.70	27:54	4:53	6	2:54	6	2:54	84.90	8:09:37	5:46	11	1:57:58	11	1:57:58	
VP14 - Schloss S	6.30	28:28	4:31	3	1:20	3	1:20	91.20	8:38:05	5:40	9	1:57:46	9	1:57:46	
VP15 - Pagel & Fi	7.60	41:04	5:24	20	9:29	20	9:29	98.80	9:19:09	5:39	9	2:07:15	9	2:07:15	
VP16 - Karolinenl	4.90	27:11	5:32	19	7:03	19	7:03	103.70	9:46:20	5:39	9	2:14:18	9	2:14:18	
VP17 - Falkensee	6.50	36:21	5:35	21	8:43	21	8:43	110.20	10:22:41	5:39	9	2:23:01	9	2:23:01	
VP18 - Schönwal	5.80	33:51	5:50	25	9:53	25	9:53	116.00	10:56:32	5:39	9	2:32:54	9	2:32:54	
VP19 - Grenzturn	7.30	45:59	6:17	23	12:51	23	12:51	123.30	11:42:31	5:41	12	2:45:45	12	2:45:45	
VP20 - Rudercluk	4.80	31:26	6:32	26	9:33	26	9:33	128.10	12:13:57	5:43	13	2:55:18	13	2:55:18	
VP21 - Frohnau	4.10	17:49	4:20	2	0:13	2	0:13	132.20	12:31:46	5:41	11	2:55:31	11	2:55:31	
VP22 - Naturschu	6.40	26:58	4:12	1	-	1	-	138.60	12:58:44	5:37	9	2:53:42	9	2:53:42	
VP23 - Oranienbu	4.50	19:02	4:13	1	-	1	-	143.10	13:17:46	5:34	8	2:49:41	8	2:49:41	
VP24 - Lauftreff l	5.30	22:40	4:16	1	-	1	-	148.40	13:40:26	5:31	7	2:46:18	7	2:46:18	
VP25 - Wilhelmsr	5.70	24:05	4:13	1	-	1	-	154.10	14:04:31	5:28	6	2:42:37	6	2:42:37	
VP26 - Wollankst	3.10	13:12	4:15	1	-	1	-	157.20	14:17:43	5:27	6	2:40:31	6	2:40:31	
Friedrich-Ludwig	4.20	17:55	4:15	1	-	1	-	161.90	14:35:38	5:24	6	2:37:00	6	2:37:00	