



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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Unstoppable

□□□: 15:00:50

□□: 4033

□□: 10.78 km/h

□□□□: 5:34 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 7 (of 57)

□□□□□□: 11:58:38

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□□□□□: 7(of 57)

4er-Staffel / 4-person relay

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	51:59	6:02	18	11:08	18	11:08	8.60	51:59	6:02	18	11:08	18	11:08
VP2 - East Side G	4.80	25:38	5:20	11	4:53	11	4:53	13.40	1:17:37	5:47	14	16:01	14	16:01
VP3 - Dammweg	5.80	33:37	5:47	12	9:01	12	9:01	19.20	1:51:14	5:47	11	25:02	11	25:02
VP4 - Johannisth	5.70	30:57	5:25	13	8:23	13	8:23	24.90	2:22:11	5:42	13	33:25	13	33:25
VP5 - Imbiß "Am	9.50	52:02	5:28	8	11:57	8	11:57	34.40	3:14:13	5:38	10	45:22	10	45:22
VP6 - Buckow	4.50	25:50	5:44	5	5:44	5	5:44	38.90	3:40:03	5:39	8	51:06	8	51:06
□□□	7.60	41:02	5:23	5	8:10	5	8:10	46.50	4:21:05	5:36	6	59:16	6	59:16
VP8 - Osdorfer St	6.30	33:14	5:16	6	5:33	6	5:33	52.80	4:54:19	5:34	6	1:04:49	6	1:04:49
VP9 - Sportplatz	6.50	33:59	5:13	5	5:18	5	5:18	59.30	5:28:18	5:32	6	1:10:07	6	1:10:07
VP10 - Königswe	6.20	34:07	5:30	21	7:42	21	7:42	65.50	6:02:25	5:31	5	1:17:11	5	1:17:11
VP11 - Gedenkst	6.80	39:51	5:51	24	10:24	24	10:24	72.30	6:42:16	5:33	5	1:27:35	5	1:27:35
VP12 - Brauhaus	6.90	40:01	5:47	24	35:14	24	35:14	79.20	7:22:17	5:35	6	1:37:44	6	1:37:44
VP13 - Revierförs	5.70	39:42	6:57	38	14:42	38	14:42	84.90	8:01:59	5:40	9	1:50:20	9	1:50:20
VP14 - Schloss S	6.30	45:43	7:15	46	18:35	46	18:35	91.20	8:47:42	5:47	11	2:07:23	11	2:07:23
VP15 - Pagel & Fi	7.60	38:23	5:03	14	6:48	14	6:48	98.80	9:26:05	5:43	11	2:14:11	11	2:14:11
VP16 - Karolinenl	4.90	25:44	5:15	16	5:36	16	5:36	103.70	9:51:49	5:42	11	2:19:47	11	2:19:47
VP17 - Falkensee	6.50	35:12	5:24	17	7:34	17	7:34	110.20	10:27:01	5:41	11	2:27:21	11	2:27:21
VP18 - Schönwal	5.80	32:24	5:35	19	8:26	19	8:26	116.00	10:59:25	5:41	11	2:35:47	11	2:35:47
VP19 - Grenzturn	7.30	44:19	6:04	20	11:11	20	11:11	123.30	11:43:44	5:42	13	2:46:58	13	2:46:58
VP20 - Rudercluk	4.80	27:54	5:48	15	6:01	15	6:01	128.10	12:11:38	5:42	11	2:52:59	11	2:52:59
VP21 - Frohnau	4.10	18:56	4:37	3	1:20	3	1:20	132.20	12:30:34	5:40	10	2:54:19	10	2:54:19
VP22 - Naturschu	6.40	30:32	4:46	4	3:34	4	3:34	138.60	13:01:06	5:38	10	2:56:04	10	2:56:04
VP23 - Oranienbu	4.50	22:13	4:56	3	3:11	3	3:11	143.10	13:23:19	5:36	10	2:55:14	10	2:55:14
VP24 - Lauftreff l	5.30	27:28	5:10	6	4:48	6	4:48	148.40	13:50:47	5:35	10	2:56:39	10	2:56:39
VP25 - Wilhelmsr	5.70	29:54	5:14	8	5:49	8	5:49	154.10	14:20:41	5:35	9	2:58:47	9	2:58:47
VP26 - Wollankst	3.10	18:40	6:01	13	5:28	13	5:28	157.20	14:39:21	5:35	9	3:02:09	9	3:02:09
Friedrich-Ludwig	4.20	21:29	5:06	8	3:34	8	3:34	161.90	15:00:50	5:33	7	3:02:12	7	3:02:12