



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 11.08.2018-12.08.2018

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VfL Tegel 1

□□□: 15:02:04

□□: 4017

□□: 10.77 km/h

□□□□: 5:34 min/km

□□: 161.90 km

100MeilenBerlin - Berlin Wall Race 100 Miles (4) □□□□□: 8 (of 57)

□□□□□□: 11:58:38

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□□□□□: 8(of 57)

4er-Staffel / 4-person relay

□□□□□□□: 11:58:38

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Checkpoint	8.60	46:59	5:27	6	6:08	6	6:08	8.60	46:59	5:27	6	6:08	6	6:08
VP2 - East Side G	4.80	23:45	4:56	6	3:00	6	3:00	13.40	1:10:44	5:16	5	9:08	5	9:08
VP3 - Dammweg	5.80	31:27	5:25	5	6:51	5	6:51	19.20	1:42:11	5:19	6	15:59	6	15:59
VP4 - Johannisth	5.70	30:27	5:20	8	7:53	8	7:53	24.90	2:12:38	5:19	6	23:52	6	23:52
VP5 - Imbiß "Am	9.50	53:32	5:38	12	13:27	12	13:27	34.40	3:06:10	5:24	6	37:19	6	37:19
VP6 - Buckow	4.50	29:24	6:31	24	9:18	24	9:18	38.90	3:35:34	5:32	6	46:37	6	46:37
□□□	7.60	47:40	6:16	22	14:48	22	14:48	46.50	4:23:14	5:39	7	1:01:25	7	1:01:25
VP8 - Osdorfer St	6.30	40:56	6:29	24	13:15	24	13:15	52.80	5:04:10	5:45	10	1:14:40	10	1:14:40
VP9 - Sportplatz	6.50	43:13	6:38	26	14:32	26	14:32	59.30	5:47:23	5:51	13	1:29:12	13	1:29:12
VP10 - Königswe	6.20	26:25	4:15	1	-	1	-	65.50	6:13:48	5:42	7	1:28:34	7	1:28:34
VP11 - Gedenkst	6.80	29:29	4:20	2	0:02	2	0:02	72.30	6:43:17	5:34	6	1:28:36	6	1:28:36
VP12 - Brauhaus	6.90	31:10	4:31	7	26:23	7	26:23	79.20	7:14:27	5:29	5	1:29:54	5	1:29:54
VP13 - Revierförs	5.70	28:52	5:03	8	3:52	8	3:52	84.90	7:43:19	5:27	5	1:31:40	5	1:31:40
VP14 - Schloss S	6.30	32:13	5:06	16	5:05	16	5:05	91.20	8:15:32	5:26	5	1:35:13	5	1:35:13
VP15 - Pagel & Fi	7.60	37:32	4:56	9	5:57	9	5:57	98.80	8:53:04	5:23	5	1:41:10	5	1:41:10
VP16 - Karolinenl	4.90	25:25	5:11	13	5:17	13	5:17	103.70	9:18:29	5:23	5	1:46:27	5	1:46:27
VP17 - Falkensee	6.50	33:42	5:11	12	6:04	12	6:04	110.20	9:52:11	5:22	5	1:52:31	5	1:52:31
VP18 - Schönwal	5.80	30:45	5:18	12	6:47	12	6:47	116.00	10:22:56	5:22	5	1:59:18	5	1:59:18
VP19 - Grenzturn	7.30	40:06	5:29	9	6:58	9	6:58	123.30	11:03:02	5:22	6	2:06:16	6	2:06:16
VP20 - Rudercluk	4.80	26:23	5:29	9	4:30	9	4:30	128.10	11:29:25	5:22	6	2:10:46	6	2:10:46
VP21 - Frohnau	4.10	24:33	5:59	27	6:57	27	6:57	132.20	11:53:58	5:24	6	2:17:43	6	2:17:43
VP22 - Naturschu	6.40	39:26	6:09	27	12:28	27	12:28	138.60	12:33:24	5:26	6	2:28:22	6	2:28:22
VP23 - Oranienbu	4.50	30:16	6:43	29	11:14	29	11:14	143.10	13:03:40	5:28	6	2:35:35	6	2:35:35
VP24 - Laufftreff l	5.30	33:09	6:15	23	10:29	23	10:29	148.40	13:36:49	5:30	6	2:42:41	6	2:42:41
VP25 - Wilhelmsr	5.70	39:22	6:54	26	15:17	26	15:17	154.10	14:16:11	5:33	7	2:54:17	7	2:54:17
VP26 - Wollankst	3.10	21:07	6:48	19	7:55	19	7:55	157.20	14:37:18	5:34	7	3:00:06	7	3:00:06
Friedrich-Ludwig	4.20	24:46	5:53	17	6:51	17	6:51	161.90	15:02:04	5:34	8	3:03:26	8	3:03:26