



20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

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Fantastic Ten

□□□: 14:42:06

□□: 162

□□: 11.43 km/h

□□□□: 5:13 min/km

□□: 168.97 km

Blankenstein-Hörschel

□□□□□: 98 (of 228)

□□□□□□: 10:30:32

□□□□:

□□□□□: 78(of 145)

Männerstaffel

□□□□□□□: 10:30:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:30:32	5:08	96	25:08	126	25:08	17.60	1:30:32	5:08	96	25:08	126	25:08
Schildwiese	18.58	1:42:49	5:32	123	37:00	174	37:00	36.18	3:13:21	5:20	113	1:02:08	151	1:02:08
Neuhaus	13.54	1:07:41	4:59	48	15:10	55	15:10	49.72	4:21:02	5:15	96	1:17:00	123	1:17:00
Masserberg	19.86	1:38:25	4:57	48	21:54	64	21:54	69.58	5:59:27	5:09	76	1:38:43	95	1:38:43
Allzunah	17.89	1:33:06	5:12	70	25:34	93	25:34	87.47	7:32:33	5:10	74	2:02:08	90	2:02:08
Grenzdler	19.96	1:42:53	5:09	94	28:39	134	28:39	107.43	9:15:26	5:10	71	2:26:56	89	2:26:56
Neue Ausspanne	13.68	1:09:09	5:03	65	20:05	77	20:05	121.11	10:24:35	5:09	66	2:47:01	84	2:47:01
Kleiner Inselsber	13.90	1:16:04	5:28	96	26:48	122	26:48	135.01	11:40:39	5:11	69	3:10:19	87	3:10:19
Hohe Sonne	18.94	1:34:48	5:00	60	28:19	87	28:19	153.95	13:15:27	5:10	66	3:36:48	83	3:36:48
Hörschel	15.02	1:26:39	5:46	112	34:46	163	34:46	168.97	14:42:06	5:13	78	4:11:34	98	4:11:34