



# 20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

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N3 Sportverein e.V

□□: 149

Enduro E Bike

□□□□:

Männerstaffel

□□□: 14:32:31

□□: - km/h

□□□□: 5:10 min/km

□□□□□: 79 (of 228)

□□□□□□: 10:30:32

□□□□□: 62(of 145)

□□□□□□□: 10:30:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:33:48	5:19	113	28:24	150	28:24	17.60	1:33:48	5:19	113	28:24	150	28:24
Schildwiese	18.58	1:45:12	5:39	132	39:23	190	39:23	36.18	3:19:00	5:30	127	1:07:47	172	1:07:47
Neuhaus	13.54	1:04:28	4:45	26	11:57	30	11:57	49.72	4:23:28	5:17	103	1:19:26	131	1:19:26
Masserberg	19.86	1:25:08	4:17	12	8:37	16	8:37	69.58	5:48:36	5:00	54	1:27:52	68	1:27:52
Allzunah	17.89	1:26:54	4:51	37	19:22	54	19:22	87.47	7:15:30	4:58	48	1:45:05	61	1:45:05
Grenzdler	19.96	1:39:53	5:00	79	25:39	112	25:39	107.43	8:55:23	4:59	45	2:06:53	59	2:06:53
Neue Ausspanne	13.68	1:15:51	5:32	98	26:47	125	26:47	121.11	10:11:14	5:02	53	2:33:40	68	2:33:40
Kleiner Inselsber	13.90	1:20:13	5:46	117	30:57	159	30:57	135.01	11:31:27	5:07	61	3:01:07	76	3:01:07
Hohe Sonne	18.94	1:40:11	5:17	86	33:42	127	33:42	153.95	13:11:38	5:08	62	3:32:59	79	3:32:59
Hörschel	15.02	1:20:53	5:23	85	29:00	115	29:00	-	14:32:31	-	62	4:01:59	79	4:01:59