



20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

□□□□

Die Luftpumpen der Meininger Mountainbike 17:28

□□: 516

□□: 168.97 km

Blankenstein-Hörschel

□□□□:

Männerstaffel

□□: 11.36 km/h

□□□□: 5:15 min/km

□□□□□: 101 (of 228)

□□□□□□: 10:30:32

□□□□□: 81(of 145)

□□□□□□□: 10:30:32

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Grumbach | 17.60 | 1:31:15 | 5:11 | 101 | 25:51 | 133 | 25:51 | 17.60 | 1:31:15 | 5:11 | 101 | 25:51 | 133 | 25:51 |
| Schildwiese | 18.58 | 1:27:54 | 4:43 | 54 | 22:05 | 72 | 22:05 | 36.18 | 2:59:09 | 4:57 | 73 | 47:56 | 94 | 47:56 |
| Neuhaus | 13.54 | 1:13:46 | 5:26 | 82 | 21:15 | 102 | 21:15 | 49.72 | 4:12:55 | 5:05 | 74 | 1:08:53 | 93 | 1:08:53 |
| Masserberg | 19.86 | 2:05:30 | 6:19 | 133 | 48:59 | 211 | 48:59 | 69.58 | 6:18:25 | 5:26 | 110 | 1:57:41 | 139 | 1:57:41 |
| Allzunah | 17.89 | 1:26:05 | 4:48 | 31 | 18:33 | 48 | 18:33 | 87.47 | 7:44:30 | 5:18 | 83 | 2:14:05 | 104 | 2:14:05 |
| Grenzadler | 19.96 | 1:33:18 | 4:40 | 44 | 19:04 | 63 | 19:04 | 107.43 | 9:17:48 | 5:11 | 76 | 2:29:18 | 95 | 2:29:18 |
| Neue Ausspanne | 13.68 | 1:22:11 | 6:00 | 130 | 33:07 | 178 | 33:07 | 121.11 | 10:39:59 | 5:17 | 89 | 3:02:25 | 108 | 3:02:25 |
| Kleiner Inselsber | 13.90 | 1:17:41 | 5:35 | 102 | 28:25 | 133 | 28:25 | 135.01 | 11:57:40 | 5:18 | 92 | 3:27:20 | 112 | 3:27:20 |
| Hohe Sonne | 18.94 | 1:35:17 | 5:01 | 64 | 28:48 | 92 | 28:48 | 153.95 | 13:32:57 | 5:16 | 85 | 3:54:18 | 107 | 3:54:18 |
| Hörschel | 15.02 | 1:14:31 | 4:57 | 53 | 22:38 | 71 | 22:38 | 168.97 | 14:47:28 | 5:15 | 81 | 4:16:56 | 101 | 4:16:56 |