



# 20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

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Team Eichsfeld I

□□□: 12:05:52

□□: 109

□□: 13.89 km/h

□□□□: 4:18 min/km

□□: 168.97 km

Blankenstein-Hörschel

□□□□□: 10 (of 228)

□□□□□□: 10:30:32

□□□□:

□□□□□: 9(of 145)

Männerstaffel

□□□□□□□: 10:30:32

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Grumbach	17.60	1:14:25	4:13	10	9:01	13	9:01	17.60	1:14:25	4:13	10	9:01	13	9:01
Schildwiese	18.58	1:20:00	4:18	21	14:11	33	14:11	36.18	2:34:25	4:16	11	23:12	16	23:12
Neuhaus	13.54	1:03:41	4:42	23	11:10	25	11:10	49.72	3:38:06	4:23	11	34:04	14	34:04
Masserberg	19.86	1:30:55	4:34	24	14:24	34	14:24	69.58	5:09:01	4:26	13	48:17	17	48:17
Allzunah	17.89	1:16:48	4:17	10	9:16	11	9:16	87.47	6:25:49	4:24	10	55:24	14	55:24
Grenzdler	19.96	1:30:50	4:33	35	16:36	49	16:36	107.43	7:56:39	4:26	14	1:08:09	17	1:08:09
Neue Ausspanne	13.68	57:29	4:12	15	8:25	15	8:25	121.11	8:54:08	4:24	12	1:16:34	15	1:16:34
Kleiner Inselsber	13.90	54:04	3:53	5	4:48	5	4:48	135.01	9:48:12	4:21	11	1:17:52	12	1:17:52
Hohe Sonne	18.94	1:17:48	4:06	9	11:19	15	11:19	153.95	11:06:00	4:19	10	1:27:21	11	1:27:21
Hörschel	15.02	59:52	3:59	11	7:59	12	7:59	168.97	12:05:52	4:17	9	1:35:20	10	1:35:20