



# 20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

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M&H Rennsteigteam (20x dabei)

□□□: 15:32:31

□□: 167

□□: - km/h  
□□□□: 5:31 min/km

Enduro E Bike

□□□□□: 152 (of 228)

□□□□□□: 10:30:32

□□□□:

□□□□□: 119(of 145)

Männerstaffel

□□□□□□□: 10:30:32

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□□□

| □□□               | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□    | □□□      | □□□  | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Grumbach          | 17.60    | 1:25:11  | 4:50         | 51      | 19:47   | 70        | 19:47     | 17.60  | 1:25:11  | 4:50 | 51      | 19:47   | 70        | 19:47     |
| Schildwiese       | 18.58    | 1:41:00  | 5:26         | 119     | 35:11   | 163       | 35:11     | 36.18  | 3:06:11  | 5:08 | 98      | 54:58   | 126       | 54:58     |
| Neuhaus           | 13.54    | 1:15:40  | 5:35         | 94      | 23:09   | 119       | 23:09     | 49.72  | 4:21:51  | 5:15 | 98      | 1:17:49 | 125       | 1:17:49   |
| Masserberg        | 19.86    | 1:55:35  | 5:49         | 116     | 39:04   | 173       | 39:04     | 69.58  | 6:17:26  | 5:25 | 108     | 1:56:42 | 137       | 1:56:42   |
| Allzunah          | 17.89    | 1:44:03  | 5:48         | 114     | 36:31   | 158       | 36:31     | 87.47  | 8:01:29  | 5:30 | 112     | 2:31:04 | 147       | 2:31:04   |
| Grenzdler         | 19.96    | 1:36:23  | 4:49         | 63      | 22:09   | 89        | 22:09     | 107.43 | 9:37:52  | 5:22 | 101     | 2:49:22 | 128       | 2:49:22   |
| Neue Ausspanne    | 13.68    | 1:29:10  | 6:31         | 142     | 40:06   | 209       | 40:06     | 121.11 | 11:07:02 | 5:30 | 115     | 3:29:28 | 148       | 3:29:28   |
| Kleiner Inselsber | 13.90    | 1:16:03  | 5:28         | 95      | 26:47   | 121       | 26:47     | 135.01 | 12:23:05 | 5:30 | 115     | 3:52:45 | 143       | 3:52:45   |
| Hohe Sonne        | 18.94    | 1:47:56  | 5:41         | 119     | 41:27   | 180       | 41:27     | 153.95 | 14:11:01 | 5:31 | 116     | 4:32:22 | 152       | 4:32:22   |
| Hörschel          | 15.02    | 1:21:30  | 5:25         | 89      | 29:37   | 121       | 29:37     | -      | 15:32:31 | -    | 119     | 5:01:59 | 152       | 5:01:59   |