



20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

□□□□

Breuni Sports 2

□□□: 17:59:59

□□: 557

□□: 9.33 km/h

□□□□: 6:23 min/km

□□: 168.97 km

Blankenstein-Hörschel

□□□□□: 227 (of 228)

□□□□□□: 10:30:32

□□□□:

□□□□□: 69(of 70)

Mixstaffel

□□□□□□□: 11:22:39

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:57:34	6:40	68	47:49	224	52:10	17.60	1:57:34	6:40	68	47:49	229	52:10
Schildwiese	18.58	1:42:16	5:30	42	30:27	171	36:27	36.18	3:39:50	6:04	61	1:16:41	229	1:28:37
Neuhaus	13.54	1:19:26	5:51	35	20:24	157	26:55	49.72	4:59:16	6:01	60	1:35:48	229	1:55:14
Masserberg	19.86	2:00:04	6:02	61	41:26	196	43:33	69.58	6:59:20	6:01	64	2:15:40	229	2:38:36
Allzunah	17.89	1:50:57	6:12	53	39:43	191	43:25	87.47	8:50:17	6:03	64	2:48:39	229	3:19:52
Grenzdler	19.96	2:07:01	6:21	70	50:56	223	52:47	107.43	10:57:18	6:07	67	3:37:56	229	4:08:48
Neue Ausspanne	13.68	1:31:58	6:43	62	34:02	217	42:54	121.11	12:29:16	6:11	67	4:11:58	229	4:51:42
Kleiner Inselsber	13.90	1:24:22	6:04	50	28:16	190	35:06	135.01	13:53:38	6:10	67	4:40:14	229	5:23:18
Hohe Sonne	18.94	2:06:22	6:40	65	57:33	216	59:53	153.95	16:00:00	6:14	68	5:37:47	229	6:21:21
Hörschel	15.02	1:59:59	7:59	70	1:02:34	227	1:08:06	168.97	17:59:59	6:23	70	6:37:20	228	7:29:27