



20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

□□□□

Torpedo Alfredo

□□□: 17:33:42

□□: 617

□□: 9.57 km/h

□□□□: 6:14 min/km

□□: 168.97 km

Blankenstein-Hörschel

□□□□□: 224 (of 228)

□□□□□□: 10:30:32

□□□□:

□□□□□: 67(of 70)

Mixstaffel

□□□□□□□: 11:22:39

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|-------------------|-------|---------|--------|----|-------|-----|-------|--------|----------|--------|----|---------|-----|---------|
| | km | □□ | min/km | - | - | □□□ | □□□ | km | □□ | min/km | - | - | □□□ | □□□ |
| Grumbach | 17.60 | 1:50:13 | 6:15 | 63 | 40:28 | 218 | 44:49 | 17.60 | 1:50:13 | 6:15 | 63 | 40:28 | 229 | 44:49 |
| Schildwiese | 18.58 | 1:55:06 | 6:11 | 64 | 43:17 | 216 | 49:17 | 36.18 | 3:45:19 | 6:13 | 66 | 1:22:10 | 229 | 1:34:06 |
| Neuhaus | 13.54 | 1:35:34 | 7:03 | 67 | 36:32 | 223 | 43:03 | 49.72 | 5:20:53 | 6:27 | 67 | 1:57:25 | 229 | 2:16:51 |
| Masserberg | 19.86 | 2:01:31 | 6:07 | 64 | 42:53 | 200 | 45:00 | 69.58 | 7:22:24 | 6:21 | 69 | 2:38:44 | 229 | 3:01:40 |
| Allzunah | 17.89 | 2:04:01 | 6:55 | 69 | 52:47 | 226 | 56:29 | 87.47 | 9:26:25 | 6:28 | 70 | 3:24:47 | 229 | 3:56:00 |
| Grenzadler | 19.96 | 1:35:13 | 4:46 | 21 | 19:08 | 82 | 20:59 | 107.43 | 11:01:38 | 6:09 | 68 | 3:42:16 | 229 | 4:13:08 |
| Neue Ausspanne | 13.68 | 1:29:31 | 6:32 | 59 | 31:35 | 212 | 40:27 | 121.11 | 12:31:09 | 6:12 | 68 | 4:13:51 | 229 | 4:53:35 |
| Kleiner Inselsber | 13.90 | 1:24:08 | 6:03 | 48 | 28:02 | 187 | 34:52 | 135.01 | 13:55:17 | 6:11 | 68 | 4:41:53 | 229 | 5:24:57 |
| Hohe Sonne | 18.94 | 2:04:43 | 6:35 | 64 | 55:54 | 214 | 58:14 | 153.95 | 16:00:00 | 6:14 | 68 | 5:37:47 | 229 | 6:21:21 |
| Hörschel | 15.02 | 1:33:42 | 6:14 | 57 | 36:17 | 202 | 41:49 | 168.97 | 17:33:42 | 6:14 | 68 | 6:11:03 | 225 | 7:03:10 |