



20. Rennsteig-Staffellauf

Blankenstein bis Hirschel / 23.06.2018

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Thüringer Landespolizei

□□□: 13:23:04

□□: 131

□□: 12.55 km/h

□□□□: 4:45 min/km

□□: 168.97 km

Blankenstein-Hirschel

□□□□□: 28 (of 228)

□□□□□□: 10:30:32

□□□□:

□□□□□: 20(of 145)

Männerstaffel

□□□□□□□: 10:30:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:33:41	5:19	112	28:17	149	28:17	17.60	1:33:41	5:19	112	28:17	149	28:17
Schildwiese	18.58	1:12:57	3:55	8	7:08	9	7:08	36.18	2:46:38	4:36	29	35:25	42	35:25
Neuhaus	13.54	1:06:42	4:55	37	14:11	44	14:11	49.72	3:53:20	4:41	25	49:18	32	49:18
Masserberg	19.86	1:44:32	5:15	82	28:01	115	28:01	69.58	5:37:52	4:51	36	1:17:08	48	1:17:08
Allzunah	17.89	1:30:18	5:02	56	22:46	75	22:46	87.47	7:08:10	4:53	37	1:37:45	48	1:37:45
Grenzdler	19.96	1:19:42	3:59	10	5:28	11	5:28	107.43	8:27:52	4:43	27	1:39:22	36	1:39:22
Neue Ausspanne	13.68	1:04:53	4:44	37	15:49	42	15:49	121.11	9:32:45	4:43	26	1:55:11	34	1:55:11
Kleiner Inselsber	13.90	1:11:05	5:06	62	21:49	79	21:49	135.01	10:43:50	4:46	27	2:13:30	35	2:13:30
Hohe Sonne	18.94	1:29:16	4:42	33	22:47	49	22:47	153.95	12:13:06	4:45	24	2:34:27	33	2:34:27
Hirschel	15.02	1:09:58	4:39	33	18:05	43	18:05	168.97	13:23:04	4:45	20	2:52:32	28	2:52:32