



20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

XXXX

XFAB / Melexis Running Chips

XXX: 14:06:30

XX: 165

XX: 11.98 km/h

XXXX: 5:01 min/km

XX: 168.97 km

Blankenstein-Hörschel

XXXXX: 55 (of 228)

XXXXXX: 10:30:32

XXXX:

XXXXX: 43(of 145)

Männerstaffel

XXXXXXX: 10:30:32

XXXX

XXXX

XXX

| XXX | XX | XX | XX | XX | XX | XX | XX | XXXX | XXXX | XXXX | XX | XX | XX | XX |
|-------------------|-------|---------|--------|-----|-------|-----|-------|--------|----------|--------|-----|---------|-----|---------|
| | km | XX | min/km | - | - | XX | XX | km | XX | min/km | - | - | XX | XX |
| Grumbach | 17.60 | 1:33:50 | 5:19 | 114 | 28:26 | 151 | 28:26 | 17.60 | 1:33:50 | 5:19 | 114 | 28:26 | 151 | 28:26 |
| Schildwiese | 18.58 | 1:26:14 | 4:38 | 41 | 20:25 | 57 | 20:25 | 36.18 | 3:00:04 | 4:58 | 78 | 48:51 | 100 | 48:51 |
| Neuhaus | 13.54 | 1:08:12 | 5:02 | 51 | 15:41 | 58 | 15:41 | 49.72 | 4:08:16 | 4:59 | 65 | 1:04:14 | 79 | 1:04:14 |
| Masserberg | 19.86 | 1:43:15 | 5:11 | 72 | 26:44 | 100 | 26:44 | 69.58 | 5:51:31 | 5:03 | 64 | 1:30:47 | 80 | 1:30:47 |
| Allzunah | 17.89 | 1:30:32 | 5:03 | 57 | 23:00 | 76 | 23:00 | 87.47 | 7:22:03 | 5:03 | 57 | 1:51:38 | 72 | 1:51:38 |
| Grenzdler | 19.96 | 1:33:25 | 4:40 | 45 | 19:11 | 64 | 19:11 | 107.43 | 8:55:28 | 4:59 | 47 | 2:06:58 | 61 | 2:06:58 |
| Neue Ausspanne | 13.68 | 1:08:48 | 5:01 | 60 | 19:44 | 72 | 19:44 | 121.11 | 10:04:16 | 4:59 | 47 | 2:26:42 | 60 | 2:26:42 |
| Kleiner Inselsber | 13.90 | 1:06:33 | 4:47 | 37 | 17:17 | 47 | 17:17 | 135.01 | 11:10:49 | 4:58 | 44 | 2:40:29 | 56 | 2:40:29 |
| Hohe Sonne | 18.94 | 1:50:00 | 5:48 | 123 | 43:31 | 188 | 43:31 | 153.95 | 13:00:49 | 5:04 | 49 | 3:22:10 | 62 | 3:22:10 |
| Hörschel | 15.02 | 1:05:41 | 4:22 | 18 | 13:48 | 23 | 13:48 | 168.97 | 14:06:30 | 5:00 | 43 | 3:35:58 | 55 | 3:35:58 |