



20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

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Team TEAG Thüringer Energie

□□□: 14:21:58

□□: 537

□□: 11.69 km/h

□□□□: 5:06 min/km

□□: 168.97 km

Blankenstein-Hörschel

□□□□□: 66 (of 228)

□□□□□□: 10:30:32

□□□□:

□□□□□: 53(of 145)

Männerstaffel

□□□□□□□: 10:30:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:31:55	5:13	105	26:31	140	26:31	17.60	1:31:55	5:13	105	26:31	140	26:31
Schildwiese	18.58	1:32:36	4:59	79	26:47	107	26:47	36.18	3:04:31	5:05	93	53:18	119	53:18
Neuhaus	13.54	1:06:01	4:52	33	13:30	38	13:30	49.72	4:10:32	5:02	69	1:06:30	86	1:06:30
Masserberg	19.86	1:43:44	5:13	76	27:13	105	27:13	69.58	5:54:16	5:05	65	1:33:32	81	1:33:32
Allzunah	17.89	1:21:02	4:31	20	13:30	25	13:30	87.47	7:15:18	4:58	47	1:44:53	60	1:44:53
Grenzdler	19.96	1:31:39	4:35	40	17:25	57	17:25	107.43	8:46:57	4:54	39	1:58:27	51	1:58:27
Neue Ausspanne	13.68	1:11:37	5:14	75	22:33	91	22:33	121.11	9:58:34	4:56	43	2:21:00	56	2:21:00
Kleiner Inselsber	13.90	1:07:46	4:52	45	18:30	58	18:30	135.01	11:06:20	4:56	42	2:36:00	53	2:36:00
Hohe Sonne	18.94	1:57:03	6:10	130	50:34	202	50:34	153.95	13:03:23	5:05	55	3:24:44	70	3:24:44
Hörschel	15.02	1:18:35	5:13	75	26:42	101	26:42	168.97	14:21:58	5:06	53	3:51:26	66	3:51:26